

Food & Material Goods/ Comida & Articulos Materiales

Ocean Beach Emergency Food- Provides a bag with food
1984 Sunset Cliffs Blvd, San Diego, 92107
(619) 222-0628

Community Christian Service Agency, Emergency Services
Provides lunch packs, clothing, hygiene items
1675 Garnet Ave, San Diego, 92109
(858) 272-0163

Dreams for Change, Food Distribution
5605 Imperial Ave, San Diego, 92114
(619) 497-0236

Jacobs & Cushman San Diego Food Bank, Diaper Distribution Site- Diapers for infants and toddlers
Armed Services YMCA
3293 Santo Rd, San Diego, 92111
(858) 751-5755
Birthline Clairemont- pregnant mothers & families
3660 Clairemont Dr, #4, San Diego, 92117
(858) 270-2491
Jewish Family Service
8804 Balboa Ave, San Diego, 92123
(858) 637-3210

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Employment Services/ Servicios de Empleo

San Diego Workforce Partnership, Employment & Training
(619) 319-9675

Goodwill Industries of San Diego County, Employment Center
3663 Rosecrans St, San Diego, 92110
(619) 225-2200

Fleet and Family Support Centers, Career Services Center
For active military, transitioning service veterans, military reserves, retired military, and veterans only
(866) 923-6478 (for locations below)
3141 Afton Rd, San Diego, 92123

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Inc, Legal Services
1764 San Diego Ave, #100, San Diego, 92110
(877) 534-2524

Veterans Village of San Diego, Homeless Court Program
For veterans and non- veterans
4141 Pacific Hwy, San Diego, 92110
(619) 393-2000

University of San Diego Legal Clinics & Veterans Legal Clinic
5998 Alcalá Park, Room 303, San Diego, 92110
(619) 260-7470

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Veterans/ Veteranos

American Legion, Department Service Officers
8810 Rio San Diego Dr, #1173, San Diego, 92108
(619) 400-5301

San Diego Public Library, Veterans Resource Center Point Loma Harvey Branch
3701 Voltaire St, San Diego, 92107
(619) 531-1539

Disabled American Veterans National Service Office Counseling, Claims, and Form Preparation
8810 Rio San Diego Dr, Suite 1160, San Diego, 92108
(619) 299-6916

Marine & Family Services, On-site Veterans Affairs Representative
4025 Tripoli Ave, Building 14, San Diego, 92140
(619) 524-5734

AIS, Health & Human Services Agency Office of Military and Veterans- Provides counseling, claims & forms preparation assistance, etc.
5560 Overland Ave, #310, San Diego, 92123
(858) 694-3222

Military Health System, Reference Center
Provides advocacy & referral for military, veterans and their families
(866) 966-1020

Last Updated: November 2023

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North Central San Diego County Directory

Selected services, including shelter, food assistance, and healthcare
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with
Regional Task Force on Homelessness

To find the most up-to-date information, visit
211sandiego.org or dial 2-1-1
Para encontrar la información más actualizada, visite 211sandiego.org o llame al 2-1-1

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Healthcare/ Cuidado de la Salud

Family Health Centers of San Diego, Healthcare for the Homeless (Includes dental)

3705 Mission Blvd, San Diego, 92109
(619) 515-2444

Homeless Mobile Medical Unit
(619) 515-2551

OpSam Health (Samahan Health Centers), Medical & Dental Care (844) 200-2426 (for all locations below)

Medical Care
10737 Camino Ruiz, Ste 235, San Diego, 92126
Dental Care
9855 Erma Rd, #105, San Diego, 92131

University of California San Diego Health, Primary Care (800) 926-8273 (for all locations below)

9909 Mira Mesa Blvd, Ste 200, San Diego, 92131
4910 Directors Pl, Ste 250, San Diego, 92121
16950 Via Tazon, San Diego, 92127

Alvarado Hospital Medical Center, Acute Care Hospital Services

6655 Alvarado Rd, San Diego, 92120
(619) 287-3270

San Diego Family Care

(858) 279-0925 (for all locations below)
Medical Services
6973 Linda Vista Rd, San Diego, 92111
Dental Services
7011 Linda Vista Rd, San Diego, 92111

Public Health Services, HHSA, Immunization Clinic

5055 Ruffin Rd, San Diego, 92123
(858) 573-7300

United States Department of Veterans Affairs

Veterans Affairs Clinic- Provides primary care
10455 Sorrento Valley Rd, San Diego, 92121
(858) 552-7475

Planned Parenthood of the Pacific Southwest

(888) 743-7526 (for all locations below)
7035 Convoy Ct, San Diego, 92111
4501 Mission Bay Dr, Ste 1C/1D, San Diego, 92109
10737 Camino Ruiz, Ste 258, San Diego, 92126

Mental Health/ Salud Mental

Access and Crisis Line

(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline

(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

Alcoholics Anonymous

(760) 758-2514 Hotline 24 hours a day, 7 days a week

Behavioral Health Services, HHSA, Adult Urgent Walk-in

10717 Camino Ruiz, #207, San Diego, 92126
(858) 695-2211
1250 Morena Blvd, 1st Flr, San Diego, 92110
(619) 692-8750

Jewish Family Service (JFS) of San Diego, Project SARAH

Provides case management & support groups for victims of domestic violence
8788 Balboa Ave, San Diego, 92123
(858) 637-3210

Veterans Village of San Diego, The Steven A Cohen Military

Family Clinic- Behavioral healthcare services for veterans & family only

8885 Rio San Diego Dr, #301, San Diego, 92108
(619) 345-4611

Veterans Rehabilitation Center- Residential program for Veterans only

4141 Pacific Hwy, San Diego, 92110
(619) 393-2000

Homeless Resources/ Drop-in Services

Resursos Para Personas Sin Hogar

San Diego Youth Services, Storefront, Overnight Shelter and Day Center

Address is confidential, call for information
(619) 241-0608

Regional Task Force on Homelessness, Coordinated

Entry Access Sites- Provides resources for housing needs

For Veterans
VA Healthcare Systems
3350 La Jolla Village Dr, San Diego, 92161
(858) 552-8585

Shelters/ Alberques

Interfaith Shelter Network (ISN), Family Health

Centers, Clairemont Branch- Shelter opens end of December. Accepts couples, families with children, single men and women, women with children and men with children
1250 6th Ave, #100, San Diego, 92101
(619) 515-2300 Ext 3917

Jewish Family Service (JFS) of San Diego

Safe Parking Program

(858) 637-3373 (For all locations below)
9882 Aero Dr, San Diego, 92123
8804 Balboa Ave, San Diego, 92123
For RV and oversized vehicles
2334 Mission Village Dr, San Diego, 92108

The Salvation Army San Diego Regional Office,

Door of Hope- Transitional living center for families with children experiencing homelessness
2799 Health Center Dr, San Diego, 92123
(858) 279-1100

Veterans Village of San Diego, VI-SPDAT Assessment Sites

For veterans and family only
3320 Kemper St, #104, San Diego, 92110
(619) 961-2165

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