

Food & Material Goods/ Comida & Articulos Materiales

**Feeding San Diego, Mobile Food Distribution**

(858) 452-3663 (for all locations below)  
4980 Sweetgrass Ln, Bonsall, 92003  
611 Church Ln, Borrego Springs, 92004  
7217 Great Southern Overland Stage Route, Julian, 92036  
16650 Highway 76, Pauma Valley, 92061

**Interfaith Community Services, Basic Needs Walk-in Services**

Provides a shower, emergency food, hygiene items, etc.  
550 W Washington Ave, Ste B, Escondido, 92025  
(760) 489-6380

**Fallbrook Food Pantry, Food Distribution**

140 N Brandon Rd, Fallbrook, 92028  
(760) 728-7608

**Summit Christian Church, Food Distribution**

292 E Barnham Dr, San Marcos, 92078  
(760) 471-6267

**Mountain Manna, Food Distribution**

2898 Highway 78, Julian, 92036  
(760) 765-0114

**Mt Carmel Catholic Parish San Diego, Food for Families**

Food Distribution  
13541 Stoney Creek Rd, San Diego, 92129  
(858) 484-1070

**Jacobs & Cushman San Diego Food Bank, Diaper Distribution**

**Sites-** For infants and toddlers  
Shaback Resource Center  
272 E Via Rancho Pkwy #157, Escondido, 92025  
(619) 519-9090  
Summit Christian Church  
292 E Barham Dr, #202, San Marcos, 92078  
(760) 471-6267  
Rock Church San Marcos  
1370 W San Marcos Blvd, San Marcos, 92078  
(619) 226-7625  
North County Food Bank  
3030 Enterprise Ct, Ste A, Vista, 92081  
(858) 863-5177  
St Gabriel's Church  
13734 Twin Peaks Rd, Poway, 92064  
(858) 748-5348

Employment Services/ Servicios de Empleo

**Goodwill Industries of San Diego County, Employment Center**

315 W Washington, Escondido, 92025  
(760) 739-0600

**San Diego Workforce Partnership, Employment & Training**

(619) 319-9675

**Veterans Village of San Diego, Employment &**

**Training Service-** For veterans only  
649 W Mission Ave, Escondido, 92025  
(760) 740-5572

Legal/ Ayuda Legal

**Legal Aid Society of San Diego, Legal Services**

100 E San Marcos Blvd, Ste 308, San Marcos, 92069  
(877) 534-2524

**Interfaith Community Services, Legal Aid Clinic**

550 W Washington Ave, Escondido, 92025  
(760) 489-6380

Veterans/ Veteranos

**Military Health System, Reference Center**

Provides advocacy & referral for military, veterans  
and their families  
(866) 966-1020

**Homeless Veterans of San Diego (HVSD), Veteran**

**Assistance-** Support services for veterans only  
(760) 383-1685

**Palomar Community College, Veterans Resource**

**Center-** For veterans & dependents or reservist only  
1140 W Mission Rd, San Marcos, 92069  
(760) 744-1150 Ext 2173

Last Updated: November 2023

# North Inland San Diego County Directory

Selected services, including shelter, food  
assistance, and healthcare  
Servicios seleccionados que incluyen  
albergues, asistencia de comida, u cuidado de  
salud



In partnership with  
Regional Task Force on Homelessness

To find the most up-to-date information, visit  
211sandiego.org or dial 2-1-1  
Para encontrar la información más  
actualizada, visite 211sandiego.org o llame al  
2-1-1

Food & Material Goods/ Comida & Articulos Materiales

**Feeding San Diego, Mobile Food Distribution**

(858) 452-3663 (for all locations below)  
4980 Sweetgrass Ln, Bonsall, 92003  
611 Church Ln, Borrego Springs, 92004  
7217 Great Southern Overland Stage Route, Julian, 92036  
16650 Highway 76, Pauma Valley, 92061

**Interfaith Community Services, Basic Needs Walk-in Services**

Provides a shower, emergency food, hygiene items, etc.  
550 W Washington Ave, Ste B, Escondido, 92025  
(760) 489-6380

**Fallbrook Food Pantry, Food Distribution**

140 N Brandon Rd, Fallbrook, 92028  
(760) 728-7608

**Summit Christian Church, Food Distribution**

292 E Barnham Dr, San Marcos, 92078  
(760) 471-6267

**Mountain Manna, Food Distribution**

2898 Highway 78, Julian, 92036  
(760) 765-0114

**Mt Carmel Catholic Parish San Diego, Food for Families**

Food Distribution  
13541 Stoney Creek Rd, San Diego, 92129  
(858) 484-1070

**Jacobs & Cushman San Diego Food Bank, Diaper Distribution**

**Sites-** For infants and toddlers  
Shaback Resource Center  
272 E Via Rancho Pkwy #157, Escondido, 92025  
(619) 519-9090  
Summit Christian Church  
292 E Barham Dr, #202, San Marcos, 92078  
(760) 471-6267  
Rock Church San Marcos  
1370 W San Marcos Blvd, San Marcos, 92078  
(619) 226-7625  
North County Food Bank  
3030 Enterprise Ct, Ste A, Vista, 92081  
(858) 863-5177  
St Gabriel's Church  
13734 Twin Peaks Rd, Poway, 92064  
(858) 748-5348

Employment Services/ Servicios de Empleo

**Goodwill Industries of San Diego County, Employment Center**

315 W Washington, Escondido, 92025  
(760) 739-0600

**San Diego Workforce Partnership, Employment & Training**

(619) 319-9675

**Veterans Village of San Diego, Employment &**

**Training Service-** For veterans only  
649 W Mission Ave, Escondido, 92025  
(760) 740-5572

Legal/ Ayuda Legal

**Legal Aid Society of San Diego, Legal Services**

100 E San Marcos Blvd, Ste 308, San Marcos, 92069  
(877) 534-2524

**Interfaith Community Services, Legal Aid Clinic**

550 W Washington Ave, Escondido, 92025  
(760) 489-6380

Veterans/ Veteranos

**Military Health System, Reference Center**

Provides advocacy & referral for military, veterans  
and their families  
(866) 966-1020

**Homeless Veterans of San Diego (HVSD), Veteran**

**Assistance-** Support services for veterans only  
(760) 383-1685

**Palomar Community College, Veterans Resource**

**Center-** For veterans & dependents or reservist only  
1140 W Mission Rd, San Marcos, 92069  
(760) 744-1150 Ext 2173

Last Updated: November 2023

# North Inland San Diego County Directory

Selected services, including shelter, food  
assistance, and healthcare  
Servicios seleccionados que incluyen  
albergues, asistencia de comida, u cuidado de  
salud



In partnership with  
Regional Task Force on Homelessness

To find the most up-to-date information, visit  
211sandiego.org or dial 2-1-1  
Para encontrar la información más  
actualizada, visite 211sandiego.org o llame al  
2-1-1

**Healthcare/ Cuidado de la Salud**  
**Neighborhood Healthcare**

460 N Elm St, Escondido, 92025  
(760) 520-8100  
728 E Valley Pkwy, Escondido, 92025  
(760) 767-6900  
13010 Poway Rd, Poway, 92064  
(858) 218-3000  
28477 Lizard Rocks Rd, Valley Center, 92082  
(833) 867-4642  
Dental Care, Ray M Dickinson Wellness Center  
425 N Date St, #129, Escondido, 92025  
(760) 520-8330

**TrueCare (North County Health Services)-** Dental services included  
(760) 736-6767 (for locations below)  
220 Rotanzi St, Ramona, 92065  
150 Valpreda Rd, San Marcos, 92059

**Family Health Centers of San Diego**  
Homeless Mobile Medical Unit  
(619) 515-2551

**Indian Health Council, Inc-** Dental services included  
50100 Golsh Rd, Valley Center, 92082  
(760) 749-1410

**Public Health Services, HHS County of San Diego**  
**Immunization Clinic**  
649 W Mission Ave, #2, Escondido, 92025  
(760) 740-3000

**Healthcare/ Cuidado de la Salud**  
**Neighborhood Healthcare**

460 N Elm St, Escondido, 92025  
(760) 520-8100  
728 E Valley Pkwy, Escondido, 92025  
(760) 767-6900  
13010 Poway Rd, Poway, 92064  
(858) 218-3000  
28477 Lizard Rocks Rd, Valley Center, 92082  
(833) 867-4642  
Dental Care, Ray M Dickinson Wellness Center  
425 N Date St, #129, Escondido, 92025  
(760) 520-8330

**TrueCare (North County Health Services)-** Dental services included  
(760) 736-6767 (for locations below)  
220 Rotanzi St, Ramona, 92065  
150 Valpreda Rd, San Marcos, 92059

**Family Health Centers of San Diego**  
Homeless Mobile Medical Unit  
(619) 515-2551

**Indian Health Council, Inc-** Dental services included  
50100 Golsh Rd, Valley Center, 92082  
(760) 749-1410

**Public Health Services, HHS County of San Diego**  
**Immunization Clinic**  
649 W Mission Ave, #2, Escondido, 92025  
(760) 740-3000

**Borrego Community Health Foundation, Community Clinic**  
4343 Yaqui Pass Rd, Borrego Springs, 92004  
(760) 767-5051  
1121 E Washington Ave, Escondido, 92025  
(760) 871-0606  
Woolcott Dental  
590 Palm Canyon Dr, #212, Borrego Springs, 92004  
(760) 767-5112

**Community Health Systems, Inc**  
Medical Care & Women's Health Services and Dental  
1328 S Mission Rd, Fallbrook, 92028  
(760) 451-4730

**Planned Parenthood of the Pacific Southwest**  
347 W Mission Ave, Escondido, 92025  
(888) 743-7526

**Mental Health/ Salud Mental**

**Access and Crisis Line**  
(888) 724-7240 Toll free 24 hours a day, 7 days a week

**National Domestic Violence Hotline**  
(800) 799-7233 (800) 799-SAFE

**Alcoholics Anonymous**  
(760) 758-2514 Hotline 24 hours a day, 7 days a week

**Mental Health Systems, Inc**  
125 W Mission Ave, #103, Escondido, 92025  
(760) 747-3424  
12344 Oak Knoll Rd, #C1, Poway, 92064  
(858) 391-9303

**Borrego Community Health Foundation, Community Clinic**  
4343 Yaqui Pass Rd, Borrego Springs, 92004  
(760) 767-5051  
1121 E Washington Ave, Escondido, 92025  
(760) 871-0606  
Woolcott Dental  
590 Palm Canyon Dr, #212, Borrego Springs, 92004  
(760) 767-5112

**Community Health Systems, Inc**  
Medical Care & Women's Health Services and Dental  
1328 S Mission Rd, Fallbrook, 92028  
(760) 451-4730

**Planned Parenthood of the Pacific Southwest**  
347 W Mission Ave, Escondido, 92025  
(888) 743-7526

**Mental Health/ Salud Mental**

**Access and Crisis Line**  
(888) 724-7240 Toll free 24 hours a day, 7 days a week

**National Domestic Violence Hotline**  
(800) 799-7233 (800) 799-SAFE

**Alcoholics Anonymous**  
(760) 758-2514 Hotline 24 hours a day, 7 days a week

**Mental Health Systems, Inc**  
125 W Mission Ave, #103, Escondido, 92025  
(760) 747-3424  
12344 Oak Knoll Rd, #C1, Poway, 92064  
(858) 391-9303

**Behavioral Health Services, HHSA, Adult Urgent Walk-in**  
125 W Mission Ave, #103, Escondido, 92025  
(760) 747-3424  
474 W Vermont Ave, #101, Escondido, 92025  
(760) 480-2255

**TrueCare (North County Health Services), Behavioral Health**  
(760) 736-6767 (for locations below)  
150 Valpreda Rd, San Marcos, 92069  
220 Rotanzi St, Ramona, 92065

**McAlister Institute for Treatment & Education**  
**Adult Outpatient Treatment**  
200 E Washington Ave, #100, Escondido, 92025  
(760) 741-7708  
751 Rancheros Dr, #3-5, San Marcos, 92069  
(760) 761-0515

**Palomar Family Counseling Service, Inc**  
(760) 741-2660 (for locations below)  
1002 E Grand Ave, Escondido, 92025  
120 W Hawthorne St, Fallbrook, 92028

**United States Dept of Veterans Affairs, San Marcos Vet**  
**Center, Counseling Center** -For veterans, service members and their families only  
1 Civic Center Dr, #150, San Marcos, 92069  
(858) 898-6050

**Behavioral Health Services, HHSA, Adult Urgent Walk-in**  
125 W Mission Ave, #103, Escondido, 92025  
(760) 747-3424  
474 W Vermont Ave, #101, Escondido, 92025  
(760) 480-2255

**TrueCare (North County Health Services), Behavioral Health**  
(760) 736-6767 (for locations below)  
150 Valpreda Rd, San Marcos, 92069  
220 Rotanzi St, Ramona, 92065

**McAlister Institute for Treatment & Education**  
**Adult Outpatient Treatment**  
200 E Washington Ave, #100, Escondido, 92025  
(760) 741-7708  
751 Rancheros Dr, #3-5, San Marcos, 92069  
(760) 761-0515

**Palomar Family Counseling Service, Inc**  
(760) 741-2660 (for locations below)  
1002 E Grand Ave, Escondido, 92025  
120 W Hawthorne St, Fallbrook, 92028

**United States Dept of Veterans Affairs, San Marcos Vet**  
**Center, Counseling Center** -For veterans, service members and their families only  
1 Civic Center Dr, #150, San Marcos, 92069  
(858) 898-6050

**Homeless Resources/ Drop in Services**  
**Recursos Para Personas Sin Hogar**

**Regional Task Force on Homelessness, Coordinated**  
**Entry Access Sites**  
YMCA, for youth 18 and older  
1050 N Broadway, Escondido, 92026  
(760) 908-9373

**Shelters/ Albergues**

**Interfaith Community Services, Winter Shelter**  
Tentative opening in Jan-Mar, accepts homeless couples, families with children, single men & women, women with children and men with children  
550 West Washington Ave, Ste B, Escondido 92025  
(760) 489-6380

**Center for Community Solutions, Hidden Valley House**  
Temporary, emergency shelter for survivors of domestic violence  
(760) 480-0055

**Women's Resource Center, Crisis Intervention**  
Emergency domestic violence shelter for women and their children who are victims of domestic violence  
Crisis intervention & hotline for victims of domestic violence  
(760) 757-3500

**Homeless Resources/ Drop in Services**  
**Recursos Para Personas Sin Hogar**

**Regional Task Force on Homelessness, Coordinated**  
**Entry Access Sites**  
YMCA, for youth 18 and older  
1050 N Broadway, Escondido, 92026  
(760) 908-9373

**Shelters/ Albergues**

**Interfaith Community Services, Winter Shelter**  
Tentative opening in Jan-Mar, accepts homeless couples, families with children, single men & women, women with children and men with children  
550 West Washington Ave, Ste B, Escondido 92025  
(760) 489-6380

**Center for Community Solutions, Hidden Valley House**  
Temporary, emergency shelter for survivors of domestic violence  
(760) 480-0055

**Women's Resource Center, Crisis Intervention**  
Emergency domestic violence shelter for women and their children who are victims of domestic violence  
Crisis intervention & hotline for victims of domestic violence  
(760) 757-3500