

## Youth Count Data

### 2025 Point-in-Time Count Data

To gain a better understanding of youth homelessness in our community, a Youth Count is conducted each year in collaboration with local youth service providers. Each year, volunteers assist RTFH with collecting data on Transitional Aged Youth between the ages of 18-24 who were experiencing homelessness on the night of the count or who self-reported as being unstably housed. Unstable housing situations include couch surfing, loss of housing within 14 days, or hotel/motel stay (self-paid). Data was collected over a 1-week period beginning on January 30, 2025. Data from the Point-in-Time Count and HMIS Shelter data helped inform this report.

2025 Point-in-Time Totals		
Unsheltered (TAY)	Sheltered (TAY)	Unstably Housed (TAY)
302	380	80
<b>Total: 682</b> Total homeless counted in the 2025 WeAllcount		

Homeless Profile	% of Unsheltered Persons*
Veteran	0%
Parenting Youth Households* (total persons in household)	0%
Chronically Homeless	10%
First Time Homeless	37%
Became Homeless in San Diego	71%

\* % Rounded to nearest whole number.

### 2024-2025 Year Comparisons

	2024 Total	2025 Total	2024-2025 Overall Change
Count	Total	Total	% of Total
Unsheltered (TAY)	380	302	-21%
Sheltered (TAY)	459	380	-17%

## Additional TAY Unsheltered Data

### Living Situation

For unsheltered Transitional Aged Youth (TAY) who completed a Youth Survey, **32% were sleeping in their vehicles** on the night of the count.

Current living situation on the night of the count (TAY)	
Abandoned Building	1%
Outdoor Encampment	29%
Park	13%
Street or Sidewalk	22%
Under bridge/overpass	1%
Vehicle / Boat / RV	32%

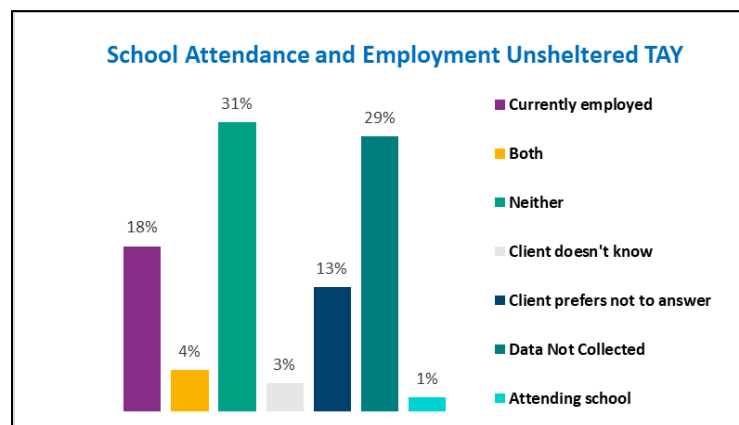
### Length of Time Homeless

For unsheltered Transitional Aged Youth (TAY) who completed a Youth Survey, **15% of youth reported that their current homeless episode has lasted for 3 years or more**, while a total of **29% of unsheltered TAY reported being homeless for 1 year or longer on the night of the count**.

Length of Time Homeless (TAY)	
36 months or more	15%
24 to 35 months	4%
12 to 23 months	10%
Under 1 year	46%
Client Doesn't Know/ Client Prefers Not to Answer	25%

### School Attendance or Currently Employed

For unsheltered Transitional Aged Youth (TAY) who completed a Youth Survey, **31% of unsheltered TAY reported they were neither attending school nor employed on the night of the count**.



## Fleeing Domestic Violence

For unsheltered Transitional Aged Youth (TAY) who completed a Youth Survey, **16%** reported they were currently fleeing domestic violence on the night of the count.

## Disabling Conditions

For unsheltered Transitional Aged Youth (TAY) who completed a Youth Survey, the following disabling conditions were self-reported on the night of the count.

Disabling Conditions (TAY)	
Long-term Physical Disability	3%
Developmental Disability	1%
Long-term Mental Health Condition	15%
Long-term Substance Use Disorder ( Drug Use Only)	4%
Living with HIV or AIDS	1%

## Unstably Housed Youth

80 Transitional Aged Youth (TAY) who completed a Youth Survey reported coming from the following unstably housed living situations. For HUD Point-in-Time Count purposes, these numbers cannot be reported to HUD as part of our unsheltered and sheltered numbers, as they are not considered literally homeless by HUD.

Unstably Housed (TAY)	
In a place where they were being evicted from within the next two weeks	5%
Couch hopping//surfing	94%
Staying in a motel/hotel - paid for with their funds	1%

## New Youth Survey Questions

**Question: Are you currently accessing any of the following services in the community?**

Transitional Aged Youth (TAY) who completed a Youth Survey and reported being unsheltered or unstably housed reported accessing the following services in the community.

<b>TAY Service Options</b>	<b>% Unsheltered TAY</b>	<b>% Unstably Housed TAY</b>
Drop-in/Day Shelter	32%	28%
Emergency shelter	9%	9%
Bus passes	16%	23%
Transitional housing	7%	3%
Mental health	7%	11%
Employment	9%	6%
Free meals	19%	8%
Legal services	1%	5%
Immigration	0%	0%
Health services	4%	9%
Alcohol/drug counseling	1%	0%
Not using services	10%	9%
Other	1%	3%
Prefers not to answer	4%	10%

**RTFH**SAN DIEGO'S  
REGIONAL LEADER  
ON HOMELESSNESS**Question: What services would assist you in securing more stable housing?**

Transitional Aged Youth (TAY) who completed a Youth Survey and reported being unsheltered or unstably housed reported that the following services would assist them in securing more stable housing.

<b>TAY Service Options</b>	<b>% Unsheltered TAY</b>	<b>% Unstably Housed TAY</b>
Rental subsidy	38%	33%
More affordable housing options	38%	33%
More roommate options	7%	16%
More single room options	16%	20%
Legal assistance	10%	6%
Deposit money	32%	23%
Utility costs	18%	13%
Employment services	0%	0%
Family reunification support help	6%	0%
Other	1%	1%

**Question: What was the primary cause of your homelessness?**

Transitional Aged Youth (TAY) who completed a Youth Survey and reported being unsheltered stated the following reasons primarily caused their homelessness.

<b>TAY Primary Cause of Homelessness or Housing Instability</b>	<b>% Unsheltered TAY</b>	<b>% UnstableTAY</b>
Loss of job	3%	4%
Money issues	18%	20%
Loss of family members (s)	0%	0%
Disability	1%	0%
Abuse/violence	9%	6%
Kicked out/ran away	10%	11%
Aged out of Foster Care	0%	3%
Time in jail/prison	1%	3%
Divorce	0%	0%
Other (No family support in US, Anxiety, Lost Housing/Eviction, Not specified, Left College, Left to a New State, Death of a Parent)	7%	8%
Don't know	0%	0%
Prefers not to say	6%	10%

## 2025 School Partnership Youth Count (Pilot)

In January 2025, RTFH partnered with the San Diego County Office of Education and local homeless liaisons to pilot a youth count focused on individuals under 18 experiencing unsheltered homelessness or unstable housing, engaging two school districts and 19 youth. Data was collected over one week beginning January 30, 2025, with shelter data not as a primary focus. Of the youth surveyed, 68% were unsheltered and 5% sheltered, for a combined 73% literally homeless; 15% of the unsheltered reported being homeless for two years or more, 31% were experiencing homelessness for the first time, and 38% became homeless in San Diego. None self-reported a long-term disabling condition, and 38% reported still attending school, with no respondents employed. Bus passes were the most accessed community service, while affordable housing and deposit assistance were most frequently identified as needs, along with single-room options and employment services. Money issues were the leading reported cause of homelessness, followed by other circumstances such as fire, immigration issues, and the death of a parent. RTFH will continue to strengthen this pilot through continued collaboration with local school districts to improve data collection and outcomes for the 2026 count.