

Healthcare

Medical and dental services

North Central Public Health Center
(858) 573-7300
5505 Ruffin Rd., San Diego 92123
Immunization clinic

The following locations offer medical, dental, and behavioral health care:

OpSam Health
(844) 200-2426; *two locations:*
10737 Camino Ruiz #235, San Diego 92126
9995 Carmel Mtn Rd. #B10, San Diego 92129

Family Health Centers of San Diego
3705 Mission Blvd., San Diego 92109
(619) 255-2551, *homeless services*

Medi-Cal recipients can enroll in CalAIM to receive Enhanced Care Management for medical care coordination and Community Supports for housing navigation. Contact your Medi-Cal managed care plan's Member Services to enroll.

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Mental Health / Substance Use

Crisis and recovery support

Optum
San Diego Access & Crisis Line
(888) 724-7240
24-hour behavioral health crisis support line

We See You San Diego
Pacific Beach Presbyterian
1675 Garnet Ave., San Diego 92109
(619) 643-8153
Inpatient medical detox & recovery

Community Research Foundation
Douglas Young Wellness Recovery Center
10717 Camino Ruiz #207, San Diego 92126
(858) 695-2211
Outpatient mental health & recovery services

Family Health Centers of San Diego
North Central Behavioral Health Center
4930 Naples St., San Diego 92110
(619) 269-8969
Outpatient mental health & substance use care

San Diego Family Care
Linda Vista Health Care Center
6973 Linda Vista Rd., San Diego 92111
(858) 810-8787; *Call for appointment*
Psychiatric assessment & treatment

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Psychiatric assessment & treatment

Legal Services

Legal support and ID services

Homeless Court
(619) 717-6101, *TEXT for more information*
Resolve fines, minor misdemeanors & warrants

Think Dignity
Legal Services (619) 940-7659
Legal aid & advocacy support
ID Bank (619) 537-8736
Help obtaining birth certificates & IDs

Employment
Job search assistance

Goodwill Employment Center, Midway
3663 Rosecrans St., San Diego 92110
(619) 225-2200

Veterans
Support for veterans

Veterans Village of San Diego (CES)
4141 Pacific Hwy., San Diego 92110
(619) 393-2039
Supportive housing & case management

National Call Center for Homeless Veterans
(877) 424-3838
Confidential, 24 hours a day

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Resource Guide North Central Region San Diego County 2026



This guide lists selected resources for individuals and families experiencing homelessness.

Information is updated regularly, and more services may be available. For current availability or additional resources, visit 211sandiego.org or call 2-1-1 anytime. Translation services available.

Esta guía incluye una lista seleccionada de recursos para personas y familias que experimentan falta de vivienda.

La información se actualiza regularmente y puede haber más servicios disponibles. Para verificar la disponibilidad actual y obtener recursos adicionales, visite 211sandiego.org o llame al 2-1-1 en cualquier momento. Servicios de traducción están disponibles.

Last Updated: December 2025

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Shelter

Access pathways to shelter

If you are experiencing homelessness in the City of San Diego, call 211 to request shelter through the following services:

The Hub, Downtown San Diego Partnership
Serves zip codes starting with 921

Rapid Response Team, PATH
Serves 92037

Seasonal winter shelter for those experiencing situational homelessness:

Interfaith Shelter Network (ISN)
Rotational Shelter Program
(619) 702-5399; *Call for intake*

Safe Parking Programs, for individuals and families living in their vehicle:

Jewish Family Service
Safe Parking
(858) 637-3373; *Call for intake, multiple sites*

Dreams for Change
Safe Parking Grantville
(619) 980-4168; *Call for referral*

Drop-in Centers & Hygiene

Supportive services, clothing & showers

Community Christian Service Agency
Pacific Beach Service Center
1675 Garnet Ave., San Diego 92109
(858) 272-0163
Food, clothing, hygiene

Clairemont Service Center
4167 Rappahannock Ave., San Diego 92117
(858) 274-2271
Food, clothing, hygiene

The Alley Ministry
Episcopal Church Center
2083 Sunset Cliffs Boulevard, San Diego, 92107
(619) 299-5870
Showers, breakfast, 2nd & 4th Saturdays

Meals

Call for current availability

Second Chances Bread of Life
(619) 481-5456; *multiple locations*
Episcopal Church Center
2083 Sunset Cliffs Blvd., San Diego 92107
Breakfast Saturdays, Dinner 1st Wednesday
Holy Trinity Anglican Church
2051 Sunset Cliffs Blvd., San Diego 92107
Dinner served 2nd & 4th Wednesdays

Sacred Heart of OB Community
4776 Sratoga Ave., San Diego 92107
(619) 224-2746
Dinner served every other Tuesday

The following locations provide community meals for older adults 60+:

Serving Seniors
Judith L. Seltz Senior Wellness Center
5255 Mount Etna Dr., San Diego 92117
(619) 235-6572

The Salvation Army
Club 60 San Diego Citadel
2799 Health Center Dr., San Diego 92123
(858) 483-1831

Food Pantries / Diapers

Call for current schedule

The Salvation Army, Citadel Corps
2799 Health Center Dr., San Diego 92123
(858) 483-1831
Wednesdays

Partnership for a Better San Diego
43737 Camino Del Rio S, San Diego 92108
(619) 302-0314
Mondays and Thursdays, Vons Parking lot

Mission Village Christian Fellowship
2650 Melbourne Dr., San Diego 92123
(858) 278-2647
Wednesdays, serves 92123 only

Feeding San Diego Marketplace
9477 Waples St. #100, San Diego 92121
(858) 768-7424
Tuesday-Friday

Jacobs and Cushman San Diego Food Bank
Diaper Distribution, Birthline Clairemont
(858) 270-2491
Monday-Friday; Diapers only

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