

Youth Regional Assistance

San Diego County

persons 18-24 years of age

Please see below for TAY specific resources throughout the County. We encourage you to reach out to the service provider before visiting. Many organizations provide support county-wide regardless of main office location and the location listed below may not be the most convenient site for you.

Please refer to [211](#) for additional resources & updated information.

CENTRAL REGION

<p><u>San Diego Youth Services</u> TAY Academy, Storefront Emergency Shelter, TAY Housing</p>	<p>2220 Broadway San Diego, CA 92102 (619) 232-8126</p>
<p><u>Home Start Inc.</u> Transitional Housing (Pregnant/Parenting, former foster), Maternity Housing Program</p>	<p>3510 Adams Ave. San Diego, CA 92116 (619) 430-0032</p>
<p><u>Urban Street Angels</u> Shelter, Rapid Rehousing, Employment Opportunity Programs, VisTAY House, Trade Education</p>	<p>1404 Fifth Avenue San Diego, CA (619) 415-6616</p>
<p><u>The San Diego LGBT Community Center</u> Safe STAY Wellness Center, Youth Housing, Homelessness Prevention</p>	<p>3909 Centre St San Diego, CA 92103 (619) 692-2077 housingservices@thecentersd.org</p>
<p><u>YMCA Youth & Family Services</u> Turning Point Transitional Living Program, Tommie's Place (16-21 yrs)</p>	<p>turningpoint@ymcasd.org (619) 640-9774</p>
<p><u>StandUp for Kids</u> (ages 12-24) Journey to Self Sufficiency (JTS) Program, Street & Community Outreach, Food Access, Housing Support</p>	<p>6161 El Cajon Blvd. #B154 San Diego, CA 92115 (619) 237-5437 sandiego@standupforkids.org</p>
<p><u>Doors of Change</u> Housing Navigation, Outreach, Advocacy & Case Management</p>	<p>(760) 415-0009 casemanager@doorsofchange.org</p>

NORTH REGION

<p><u>YMCA Youth & Family Services (Inland & Coastal)</u> Street Outreach, Emergency Housing Assistance, Drop-In Centers, TAY Housing</p>	<p>215 Barnes St. Oceanside, CA 92054 (760) 908-9373 150 La Terraza Blvd. Escondido CA 92025 (760) 908-9373 taysupports@ymca.org</p>
<p><u>Lifeline Community Services</u> Drop-in center, LifeSpring Transitional Youth Housing</p>	<p>200 Michigan Ave. Vista, CA 92084 (760) 726-4900</p>
<p><u>Escondido Education Compact</u> THRIVE program for homeless youth (14-24 yrs)</p>	<p>355 W Grand Ave. Escondido, CA 92025 (760) 839-4515 housing@educationcompact.org</p>
<p><u>Casa De Amparo</u> Transitional Housing for former foster youth</p>	<p>325 Buena Creek Rd. San Marcos, CA 92069 (760) 754-5500 ndreferrals@casadeamparo.org</p>
EAST REGION	
<p><u>Home Start Inc.</u> Street Outreach & Housing Navigation, Housing Our Youth (HOY), HOME Program, Transitional Housing & Rapid Rehousing, Host Homes, System Navigation</p>	<p>333 E Main St. El Cajon, CA 92020 (619) 430-0032</p>
<p><u>San Diego Youth Services</u> Our Safe Place Drop In Center</p>	<p>3845 Spring Dr. Room 13 Spring Valley, CA 91977 (619) 525-9903</p>
SOUTH REGION	
<p><u>South Bay Community Services</u> Former & Current foster youth support, street outreach, TAY Drop In Center, Career & Technical Education programs</p>	<p>318 Fourth Avenue Chula Vista, CA 91910 (619) 420-3620</p>