

Food & Material Goods/ Comida & Articulos Materiales

Ocean Beach Emergency Food- Provides a bag with food
1984 Sunset Cliffs Blvd, San Diego, 92107
(619) 222-0628

Community Christian Service Agency, Emergency Services
Provides lunch packs, clothing, hygiene items
1675 Garnet Ave, San Diego, 92109
(858) 272-0163

Armed Services YMCA, Community Food Distribution
Food distribution for military E7 and below
3293 Santo Rd, San Diego, 92124
(858) 751-5755 Ext 105

Jacobs & Cushman San Diego Food Bank, Diaper Distribution Site- Diapers for infants and toddlers
Armed Services YMCA
3293 Santo Rd, San Diego, 92111
(858) 751-5755
Birthline Clairemont- pregnant mothers & families
3660 Clairemont Dr, #4, San Diego, 92117
(858) 270-2491
Jewish Family Service
8804 Balboa Ave, San Diego, 92123
(858) 637-3210
Give San Diego Central
7710 Balboa Ave, Ste 208C, San Diego, 92123
(858) 247-3033

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Employment Services/ Servicios de Empleo

San Diego Workforce Partnership, Employment & Training
9246 Lightwave Ave, #210, San Diego, 92123
(619) 228-2900

Goodwill Industries of San Diego County, Employment Center
3663 Rosecrans St, San Diego, 92110
(619) 225-9483

Fleet and Family Support Centers, Career Services Center
For active military, transitioning service veterans, military reserves, retired military, and veterans only
(866) 923-6478 (for locations below)
3141 Afton Rd, San Diego, 92123
140 Sylvester Rd, San Diego, Building 211 and 212, 92106
318 Saufley Road, Building 318, San Diego, 92135

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Inc, Legal Services
1764 San Diego Ave, #100, San Diego, 92110
(877) 534-2524

Veterans Village of San Diego, Homeless Court Program
For veterans and non- veterans
4141 Pacific Hwy, San Diego, 92110
(619) 393-2000

University of San Diego Legal Clinics & Veterans Legal Clinic
5998 Alcalá Park, Room 303, San Diego, 92110
(619) 260-7470

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Goodwill Industries of San Diego County, Employment Center
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(619) 260-7470

Veterans/ Veteranos

American Legion, Department Service Officers
8810 Rio San Diego Dr, #117, San Diego, 92108
(619) 400-5301

San Diego Public Library, Veterans Resource Center
3701 Voltaire St, San Diego, 92107
(619) 531-1539

Disabled American Veterans National Service Office Counseling, Claims, and Form Preparation
8810 Rio San Diego Dr, Suite 1160, San Diego, 92108
(619) 299-6916

Marine & Family Services, On-site Veterans Affairs Representative
4025 Tripoli Ave, Building 14, San Diego, 92140
(619) 524-8233

AIS, Health & Human Services Agency Office of Military and Veterans- Provides counseling, claims & forms preparation assistance, etc.
5560 Overland Ave, #310, San Diego, 92123
(858) 694-3222

Military Health System, Reference Center
Provides advocacy & referral for military, veterans and their families
(866) 966-1020

Last Updated: November 2021

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North Central San Diego County Directory

Selected services, including shelter, food assistance, and healthcare
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with
Regional Task Force on Homelessness

To find the most up-to-date information, visit 211sandiego.org or dial 2-1-1
Para encontrar la información más actualizada, visite 211sandiego.org o llame al 2-1-1

Due to COVID-19, please bring a face covering and practice 6 feet distancing at all times.

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Healthcare/ Cuidado de la Salud

Family Health Centers of San Diego, Healthcare for the Homeless (Includes dental)
(619) 515-2551 (for all locations below)
3705 Mission Blvd, San Diego, 92109
Homeless Mobile Medical Unit

Samahan Health Centers, Medical & Dental Care
(844) 200-2426 (for all locations below)
Medical Care
10737 Camino Ruiz, Ste 235, San Diego, 92126
Dental Care
9855 Erma Rd, #105, San Diego, 92131

University of California San Diego Health, Primary Care
(800) 926-8273 (for all locations below)
9909 Mira Mesa Blvd, Ste 200, San Diego, 92131
9333 Genesee Ave, #200, San Diego, 92121

Alvarado Hospital Medical Center, Acute Care Hospital Services
6655 Alvarado Rd, San Diego, 92120
(619) 287-3270

San Diego Family Care
(858) 279-0925 (for all locations below)
Medical Services
6973 Linda Vista Rd, San Diego, 92111
Dental Services
7011 Linda Vista Rd, San Diego, 92111

Public Health Services, HHS, Immunization Clinic
5055 Ruffin Rd, San Diego, 92123
(858) 573-7300

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(858) 573-7300

United States Department of Veterans Affairs Veterans Affairs Clinic- Provides primary care
10455 Sorrento Valley Rd, San Diego, 92121
(858) 552-7475

Planned Parenthood of the Pacific Southwest
(888) 743-7526 (for all locations below)
7526 Clairemont Mesa Blvd, San Diego, 92111
4501 Mission Bay Dr, Ste 1C/1D, San Diego, 92109
10737 Camino Ruiz, Ste 258, San Diego, 92126

Mental Health/ Salud Mental

Access and Crisis Line
(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline
(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

Alcoholics Anonymous
(760) 758-2514 Hotline 24 hours a day, 7 days a week

Behavioral Health Services, HHS, Adult Urgent Walk-in
10717 Camino Ruiz, #207, San Diego, 92126
(858) 695-2211
1250 Morena Blvd, 1st Flr, San Diego, 92110
(619) 692-8750

Jewish Family Service (JFS) of San Diego, Project SARAH
Provides case management & support groups for victims of domestic violence
8788 Balboa Ave, San Diego, 92123
(858) 637-3210

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Shelters/ Alberques

Interfaith Shelter Network (ISN), Family Health Centers, Clairemont Branch- Shelter opens end of December. Accepts couples, families with children, single men and women, women with children and men with children
1250 6th Ave, #100, San Diego, 92101
(619) 906-5309

Jewish Family Service (JFS) of San Diego Safe Parking Program
(858) 637-3373 (For all locations below)
9882 Aero Dr, San Diego, 92123
8804 Balboa Ave, San Diego, 92123
For RV and oversized vehicles
2334 Mission Village Dr, San Diego, 92108

The Salvation Army San Diego Regional Office, Door of Hope- Transitional living center for families with children experiencing homelessness
2799 Health Center Dr, San Diego, 92123
(858) 279-1100

Veterans Village of San Diego, VI-SPDAT Assessment Sites
For veterans and family only
3320 Kemper St, #104, San Diego, 92110
(619) 961-2165

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Veterans Village of San Diego, The Steven A Cohen Military Family Clinic- Behavioral healthcare services for veterans & family only
8885 Rio San Diego Dr, #301, San Diego, 92108
(619) 345-4611
Veterans Rehabilitation Center- Residential program for Veterans only
4141 Pacific Hwy, San Diego, 92110
(619) 497-0142

Homeless Resources/ Drop-in Services Resursos Para Personas Sin Hogar

San Diego Youth Services, Storefront, Overnight Shelter and Day Center
Address is confidential, call for information
(619) 325-3527

Regional Task Force on Homelessness, Coordinated Entry Access Sites- Provides resources for housing needs
For Veterans
VA Healthcare Systems
3350 La Jolla Village Dr, San Diego, 92161
(858) 552-8585
Veterans Village of San Diego Bridge Program
4141 Pacific Hwy, San Diego, 92110
(619) 393-2039

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