

### Food & Material Goods/ Comida & Articulos Materiales

#### **Feeding San Diego, Food Distribution**

204 S Freeman St, Oceanside, 92054  
(760) 722-8522  
1000 Valle Terrace Dr, Vista, 92084  
(760) 631-5000 Ext 7206

#### **Bread of Life, Congregate Meal**

Offers a hot meal  
1919 Apple St, Ste R, Oceanside, 92054  
(760) 722-0800

#### **Gleaning Field Foundation, Food Distribution**

Provides a box of food and clothing  
2222 Watson Way, Vista, 92083  
(760) 945-1003

#### **Community Resource Center, Monthly Emergency Food Assistance & Weekly Food Distribution**

650 2<sup>nd</sup> St, Encinitas, 92024  
(760) 753-8300

#### **The Salvation Army San Diego Regional Office**

**Fresh Choice Program**- Provides walk-in food distribution  
3935 Lake Blvd, Oceanside, 92056

#### **Interfaith Community Services, Basic Needs Walk-in Service**

Provides food, hygiene items, clothing vouchers  
5731 Palmer Way, Ste A, Carlsbad, 92010  
(760) 448-5696  
4700 N River Rd, Oceanside, 92057  
(760) 721-2117

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### **Jacobs & Cushman San Diego Food Bank, Diaper Distribution**

**Sites**- Diapers for infants and toddlers  
Vista Community Clinic – VCC pediatric patients only  
1000 Vale Terrace Dr, Vista, 92084  
(760) 631-5000  
MAAC Project Vista  
956 Vale Terrace Dr, Vista, 92084  
(760) 471-4210  
Mission San Luis Rey Parish, Loretto House Food Pantry  
4070 Mission Ave, Oceanside, 92057  
(760) 547-0708  
Lived Experiences, Inc  
1106 Whaley St, Oceanside, 92054  
(619) 368-3790

### Employment Service/ Servicios de empleo

#### **San Diego Workforce Partnership, North Coastal Career Center**

1949 Avenida Del Oro, #106, Oceanside, 92056  
(760) 631-6150

#### **Goodwill Industries of San Diego County, Employment Center**

414 N Coast Hwy, Oceanside, 92054  
(760) 722-8582

#### **Interfaith Community Services, Veterans Employment Services**

For disabled veterans only  
1617 Mission Ave, Oceanside, 92058  
(760) 529-9979

#### **Veterans Village of San Diego, Employment & Training Service**

For veterans only  
1701 Mission Ave, Oceanside, 92058  
(442) 262-2702

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### Legal/ Ayuda Legal

#### **Legal Aid Society of San Diego, Inc, Legal Services**

216 S Tremont St, Oceanside, 92054  
(877) 534-2524

#### **National Lawyers Guild Military Legal Clinic, Military Legal Clinic-**

For military personnel or veterans only  
(619) 463-2369

### Veterans/ Veteranos

#### **Homeless Veterans of San Diego (HVSD), Veteran Assistance-**

Must be a veteran, offers support and resources  
(760) 214-1122

#### **Disabled American Veterans National Service Office**

**Counseling, Claims & Form Preparation**  
1624 S Coast Hwy, Oceanside, 92054  
(858) 642-6454

#### **American Combat Veterans of War, Veteran Benefits Assistance-**

Program open to veterans and their families  
62330 7<sup>th</sup> St, #109, Vista, 92083  
(760) 889-1515  
3508 Seagate Way, #160, Oceanside, 92056  
(760) 696-0460

#### **Military Health System, Reference Center**

Provides advocacy & referral for military, veterans and their families  
(866) 966-1020

Last Updated: November 2021

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# North Coastal San Diego County Directory

Selected services, including shelter, food assistance, and healthcare  
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with  
Regional Task Force on Homelessness

To find the most up-to-date information, visit  
211sandiego.org or dial 2-1-1  
Para encontrar la información más actualizada, visite 211sandiego.org o llame al  
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Due to COVID-19, please bring a face covering and practice 6 feet distancing at all times.

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## Healthcare/ Cuidado de la salud

### **TrueCare (North County Health Services)**

(760) 736-6767 (for all locations below)  
1130 2<sup>nd</sup> St, Encinitas, 92024  
3220 Mission Ave, # 1, Oceanside, 92058  
Dental Care  
2216 S El Camino Real, #121, Oceanside, 92054  
619 Crouch St, #100, Oceanside, 92054

### **Family Health Centers of San Diego**

Homeless Mobile Medical Unit  
(619) 515-2551

### **Vista Community Clinic, General Medical Services**

(844) 308-5003 (for all locations below)  
517 N Horne St, Oceanside, 92054  
4700 N River Rd, Oceanside, 92057 (Dental included)  
818 Pier View Way, Oceanside, 92054  
134 Grapevine Rd, Vista, 92083  
1000 Vale Terrace Dr, Vista, 92084 (Dental included)

### **University of California San Diego Health, Primary Care Services**

1505 Encinitas Blvd, Encinitas, 92024  
(800) 926-8273  
910 Sycamore Ave, #270, Vista, 92081  
(760) 598-1776

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### **Public Health Services, HHS County of San Diego Immunization Clinic**

(760) 967-4401 (for all locations below)  
3609 Ocean Ranch Blvd, #104, Oceanside, 92056  
120 Stevens Ave, Solana Beach, 92075

### **Planned Parenthood of the Pacific Southwest**

1964 Via Ctr, Vista, 92081  
(888) 743-7526

## Mental Health/ Salud Mental

### **Access and Crisis Line**

(888) 724-7240 Toll free 24 hours a day, 7 days a week

### **National Domestic Violence Hotline**

(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

### **Alcoholics Anonymous**

604 E Vista Way, Vista, 92084  
(760) 758-2514 Hotline 24 hours a day, 7 days a week

### **Health & Human Services Agency, Behavioral Health Services**

550 W Vista Way, Vista, 92083  
(760) 758-1092  
1707 Mission Ave, #210, Oceanside, 92058  
(760) 712-3535

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### **Alpha Project for the Homeless, Casa Raphael**

Residential drug & alcohol treatment program  
993 Postal Way, Vista, 92083  
(760) 630-9922

### **Exodus Recovery, Inc, Mobile Crisis Response Team**

536 W Vista Way #A, Vista, 92083  
(760) 758-1650

### **Green Oak Ranch Healing Community, Substance Abuse Treatment**

1237 Green Oak Rd, Vista, 92081  
(760) 727-0251

### **McAlister Institute for Treatment & Education, Outpatient**

(760) 721-2781 (for all locations below)  
1701 Mission Ave, #310, Oceanside, 92058  
1211 W Vista Way, Ste C, Vista, 92083

### **Palomar Family Counseling Service, Inc.**

945 Vale Terrace Dr, Vista, 92084  
(760) 741-2660

### **Marine & Family Programs, Counseling Services**

For active, retired military, reservists, & families  
Camp Pendleton, Building 1122, Camp Pendleton, 92055  
(760) 763-3222

### **Alpha Project for the Homeless, Casa Raphael**

Residential drug & alcohol treatment program  
993 Postal Way, Vista, 92083  
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## Homeless Resources/ Drop in Services

### Recursos para personas sin hogar

### **Regional Task Force on Homelessness, Coordinated**

**Entry Access Sites-** Provides resources for housing needs  
VA Healthcare Systems  
1300 Rancho Del Oro Rd, Oceanside, 92056  
(619) 497-8989

## Shelters/ Albergues

### **Interfaith Shelter Network (ISN), North County LGBTQ**

**Resource Center-** Open Jan-Mar, accepts homeless couples, families with children, and single individuals  
3220 Mission Ave, Ste 2, Oceanside, 92058  
(760) 994-1690

### **Catholic Charities Diocese of San Diego, La Posada**

**De Guadalupe Shelter-** homeless single men and farm workers 18 years and older only  
2478 Impala Dr, Carlsbad, 92008  
(760) 929-2322

### **Operation Hope North County**

Year round shelter for families, single women and single males with children  
859 E Vista Way, Vista, 92084  
(760) 536-3880 Ext 302

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