

Food & Material Goods/ Comida & Articulos Materiales

Feeding San Diego, Mobile Food Distribution

(858) 452-3663 (for all locations below)
4980 Sweetgrass Ln, Bonsall, 92003
611 Church Ln, Borrego Springs, 92004
7217 Great Southern Overland Stage Route, Julian, 92036
16650 Highway 76, Pauma Valley, 92061

Interfaith Community Services, Basic Needs Walk-in Services

Provides a shower, emergency food, hygiene items, etc.
550 W Washington Ave, Ste B, Escondido, 92025
(760) 489-6380

Fallbrook Food Pantry, Food Distribution

140 N Brandon Rd, Fallbrook, 92028
(760) 728-7608

Summit Christian Church, Food Distribution

292 E Barnham Dr, San Marcos, 92078
(760) 471-6267

Mountain Manna, Food Distribution

2898 Highway 78, Julian, 92036
(760) 765-0114

Mt Carmel Catholic Parish San Diego, Food for Families

Food Distribution
13541 Stoney Creek Rd, San Diego, 92129
(858) 484-1070

Jacobs & Cushman San Diego Food Bank, Diaper Distribution

Sites- For infants and toddlers
Shaback Resource Center
272 E Via Rancho Pkwy #157, Escondido, 92025
(619) 519-9090
Summit Christian Church
292 E Barham Dr, #202, San Marcos, 92078
(760) 471-6267
Rock Church San Marcos
1370 W San Marcos Blvd, San Marcos, 92078
(619) 226-7625
North County Food Bank
3030 Enterprise Ct, Ste A, Vista, 92081
(858) 863-5177
St Gabriel's Church
13734 Twin Peaks Rd, Poway, 92064
(858) 748-5348

Employment Services/ Servicios de Empleo

Goodwill Industries of San Diego County, Employment Center

315 W Washington, Escondido, 92025
(760) 739-0600

San Diego Workforce Partnership, Employment & Training

(619) 319-9675

Veterans Village of San Diego, Employment &

Training Service- For veterans only
649 W Mission Ave, Escondido, 92025
(760) 740-5572

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Legal Services

100 E San Marcos Blvd, Ste 308, San Marcos, 92069
(877) 534-2524

Interfaith Community Services, Legal Aid Clinic

550 W Washington Ave, Escondido, 92025
(760) 489-6380

Veterans/ Veteranos

Military Health System, Reference Center

Provides advocacy & referral for military, veterans
and their families
(866) 966-1020

Homeless Veterans of San Diego (HVSD), Veteran

Assistance- Support services for veterans only
(760) 383-1685

Palomar Community College, Veterans Resource

Center- For veterans & dependents or reservist only
1140 W Mission Rd, San Marcos, 92069
(760) 744-1150 Ext 2173

Last Updated: November 2023

North Inland San Diego County Directory

Selected services, including shelter, food
assistance, and healthcare
Servicios seleccionados que incluyen
albergues, asistencia de comida, u cuidado de
salud



In partnership with
Regional Task Force on Homelessness

To find the most up-to-date information, visit
211sandiego.org or dial 2-1-1
Para encontrar la información más
actualizada, visite 211sandiego.org o llame al
2-1-1

Food & Material Goods/ Comida & Articulos Materiales

Feeding San Diego, Mobile Food Distribution

(858) 452-3663 (for all locations below)
4980 Sweetgrass Ln, Bonsall, 92003
611 Church Ln, Borrego Springs, 92004
7217 Great Southern Overland Stage Route, Julian, 92036
16650 Highway 76, Pauma Valley, 92061

Interfaith Community Services, Basic Needs Walk-in Services

Provides a shower, emergency food, hygiene items, etc.
550 W Washington Ave, Ste B, Escondido, 92025
(760) 489-6380

Fallbrook Food Pantry, Food Distribution

140 N Brandon Rd, Fallbrook, 92028
(760) 728-7608

Summit Christian Church, Food Distribution

292 E Barnham Dr, San Marcos, 92078
(760) 471-6267

Mountain Manna, Food Distribution

2898 Highway 78, Julian, 92036
(760) 765-0114

Mt Carmel Catholic Parish San Diego, Food for Families

Food Distribution
13541 Stoney Creek Rd, San Diego, 92129
(858) 484-1070

Jacobs & Cushman San Diego Food Bank, Diaper Distribution

Sites- For infants and toddlers
Shaback Resource Center
272 E Via Rancho Pkwy #157, Escondido, 92025
(619) 519-9090
Summit Christian Church
292 E Barham Dr, #202, San Marcos, 92078
(760) 471-6267
Rock Church San Marcos
1370 W San Marcos Blvd, San Marcos, 92078
(619) 226-7625
North County Food Bank
3030 Enterprise Ct, Ste A, Vista, 92081
(858) 863-5177
St Gabriel's Church
13734 Twin Peaks Rd, Poway, 92064
(858) 748-5348

Employment Services/ Servicios de Empleo

Goodwill Industries of San Diego County, Employment Center

315 W Washington, Escondido, 92025
(760) 739-0600

San Diego Workforce Partnership, Employment & Training

(619) 319-9675

Veterans Village of San Diego, Employment &

Training Service- For veterans only
649 W Mission Ave, Escondido, 92025
(760) 740-5572

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Legal Services

100 E San Marcos Blvd, Ste 308, San Marcos, 92069
(877) 534-2524

Interfaith Community Services, Legal Aid Clinic

550 W Washington Ave, Escondido, 92025
(760) 489-6380

Veterans/ Veteranos

Military Health System, Reference Center

Provides advocacy & referral for military, veterans
and their families
(866) 966-1020

Homeless Veterans of San Diego (HVSD), Veteran

Assistance- Support services for veterans only
(760) 383-1685

Palomar Community College, Veterans Resource

Center- For veterans & dependents or reservist only
1140 W Mission Rd, San Marcos, 92069
(760) 744-1150 Ext 2173

Last Updated: November 2023

North Inland San Diego County Directory

Selected services, including shelter, food
assistance, and healthcare
Servicios seleccionados que incluyen
albergues, asistencia de comida, u cuidado de
salud



In partnership with
Regional Task Force on Homelessness

To find the most up-to-date information, visit
211sandiego.org or dial 2-1-1
Para encontrar la información más
actualizada, visite 211sandiego.org o llame al
2-1-1

Healthcare/ Cuidado de la Salud
Neighborhood Healthcare

460 N Elm St, Escondido, 92025
(760) 520-8100
728 E Valley Pkwy, Escondido, 92025
(760) 767-6900
13010 Poway Rd, Poway, 92064
(858) 218-3000
28477 Lizard Rocks Rd, Valley Center, 92082
(833) 867-4642
Dental Care, Ray M Dickinson Wellness Center
425 N Date St, #129, Escondido, 92025
(760) 520-8330

TrueCare (North County Health Services)- Dental services included
(760) 736-6767 (for locations below)
220 Rotanzi St, Ramona, 92065
150 Valpreda Rd, San Marcos, 92059

Family Health Centers of San Diego
Homeless Mobile Medical Unit
(619) 515-2551

Indian Health Council, Inc- Dental services included
50100 Golsh Rd, Valley Center, 92082
(760) 749-1410

Public Health Services, HHS County of San Diego
Immunization Clinic
649 W Mission Ave, #2, Escondido, 92025
(760) 740-3000

Healthcare/ Cuidado de la Salud
Neighborhood Healthcare

460 N Elm St, Escondido, 92025
(760) 520-8100
728 E Valley Pkwy, Escondido, 92025
(760) 767-6900
13010 Poway Rd, Poway, 92064
(858) 218-3000
28477 Lizard Rocks Rd, Valley Center, 92082
(833) 867-4642
Dental Care, Ray M Dickinson Wellness Center
425 N Date St, #129, Escondido, 92025
(760) 520-8330

TrueCare (North County Health Services)- Dental services included
(760) 736-6767 (for locations below)
220 Rotanzi St, Ramona, 92065
150 Valpreda Rd, San Marcos, 92059

Family Health Centers of San Diego
Homeless Mobile Medical Unit
(619) 515-2551

Indian Health Council, Inc- Dental services included
50100 Golsh Rd, Valley Center, 92082
(760) 749-1410

Public Health Services, HHS County of San Diego
Immunization Clinic
649 W Mission Ave, #2, Escondido, 92025
(760) 740-3000

Borrego Community Health Foundation, Community Clinic
4343 Yaqui Pass Rd, Borrego Springs, 92004
(760) 767-5051
1121 E Washington Ave, Escondido, 92025
(760) 871-0606
Woolcott Dental
590 Palm Canyon Dr, #212, Borrego Springs, 92004
(760) 767-5112

Community Health Systems, Inc
Medical Care & Women's Health Services and Dental
1328 S Mission Rd, Fallbrook, 92028
(760) 451-4730

Planned Parenthood of the Pacific Southwest
347 W Mission Ave, Escondido, 92025
(888) 743-7526

Mental Health/ Salud Mental

Access and Crisis Line
(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline
(800) 799-7233 (800) 799-SAFE

Alcoholics Anonymous
(760) 758-2514 Hotline 24 hours a day, 7 days a week

Mental Health Systems, Inc
125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
12344 Oak Knoll Rd, #C1, Poway, 92064
(858) 391-9303

Borrego Community Health Foundation, Community Clinic
4343 Yaqui Pass Rd, Borrego Springs, 92004
(760) 767-5051
1121 E Washington Ave, Escondido, 92025
(760) 871-0606
Woolcott Dental
590 Palm Canyon Dr, #212, Borrego Springs, 92004
(760) 767-5112

Community Health Systems, Inc
Medical Care & Women's Health Services and Dental
1328 S Mission Rd, Fallbrook, 92028
(760) 451-4730

Planned Parenthood of the Pacific Southwest
347 W Mission Ave, Escondido, 92025
(888) 743-7526

Mental Health/ Salud Mental

Access and Crisis Line
(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline
(800) 799-7233 (800) 799-SAFE

Alcoholics Anonymous
(760) 758-2514 Hotline 24 hours a day, 7 days a week

Mental Health Systems, Inc
125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
12344 Oak Knoll Rd, #C1, Poway, 92064
(858) 391-9303

Behavioral Health Services, HHS, Adult Urgent Walk-in
125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
474 W Vermont Ave, #101, Escondido, 92025
(760) 480-2255

TrueCare (North County Health Services), Behavioral Health
(760) 736-6767 (for locations below)
150 Valpreda Rd, San Marcos, 92069
220 Rotanzi St, Ramona, 92065

McAlister Institute for Treatment & Education
Adult Outpatient Treatment
200 E Washington Ave, #100, Escondido, 92025
(760) 741-7708
751 Rancheros Dr, #3-5, San Marcos, 92069
(760) 761-0515

Palomar Family Counseling Service, Inc
(760) 741-2660 (for locations below)
1002 E Grand Ave, Escondido, 92025
120 W Hawthorne St, Fallbrook, 92028

United States Dept of Veterans Affairs, San Marcos Vet
Center, Counseling Center -For veterans, service members
and their families only
1 Civic Center Dr, #150, San Marcos, 92069
(858) 898-6050

Behavioral Health Services, HHS, Adult Urgent Walk-in
125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
474 W Vermont Ave, #101, Escondido, 92025
(760) 480-2255

TrueCare (North County Health Services), Behavioral Health
(760) 736-6767 (for locations below)
150 Valpreda Rd, San Marcos, 92069
220 Rotanzi St, Ramona, 92065

McAlister Institute for Treatment & Education
Adult Outpatient Treatment
200 E Washington Ave, #100, Escondido, 92025
(760) 741-7708
751 Rancheros Dr, #3-5, San Marcos, 92069
(760) 761-0515

Palomar Family Counseling Service, Inc
(760) 741-2660 (for locations below)
1002 E Grand Ave, Escondido, 92025
120 W Hawthorne St, Fallbrook, 92028

United States Dept of Veterans Affairs, San Marcos Vet
Center, Counseling Center -For veterans, service members
and their families only
1 Civic Center Dr, #150, San Marcos, 92069
(858) 898-6050

Homeless Resources/ Drop in Services
Resursos Para Personas Sin Hogar

Regional Task Force on Homelessness, Coordinated
Entry Access Sites
YMCA, for youth 18 and older
1050 N Broadway, Escondido, 92026
(760) 908-9373

Shelters/ Albergues

Interfaith Community Services, Winter Shelter
Tentative opening in Jan-Mar, accepts homeless
couples, families with children, single men & women,
women with children and men with children
550 West Washington Ave, Ste B, Escondido 92025
(760) 489-6380

Center for Community Solutions, Hidden Valley House
Temporary, emergency shelter for survivors of
domestic violence
(760) 480-0055

Women's Resource Center, Crisis Intervention
Emergency domestic violence shelter for women and
their children who are victims of domestic violence
Crisis intervention & hotline for victims of domestic
violence
(760) 757-3500

Homeless Resources/ Drop in Services
Resursos Para Personas Sin Hogar

Regional Task Force on Homelessness, Coordinated
Entry Access Sites
YMCA, for youth 18 and older
1050 N Broadway, Escondido, 92026
(760) 908-9373

Shelters/ Albergues

Interfaith Community Services, Winter Shelter
Tentative opening in Jan-Mar, accepts homeless
couples, families with children, single men & women,
women with children and men with children
550 West Washington Ave, Ste B, Escondido 92025
(760) 489-6380

Center for Community Solutions, Hidden Valley House
Temporary, emergency shelter for survivors of
domestic violence
(760) 480-0055

Women's Resource Center, Crisis Intervention
Emergency domestic violence shelter for women and
their children who are victims of domestic violence
Crisis intervention & hotline for victims of domestic
violence
(760) 757-3500