COVID-19 is a respiratory illness caused by a new coronavirus. Symptoms include coughing, fever and shortness of breath.

To help prevent the spread of the virus and protect yourself, follow these recommendations:

- **Wash your hands** or use hand sanitizer often.
- **Avoid close contact** with people who are sick.
- **Keep your distance** from others when you are sick.
- **Avoid touching eyes, mouth and nose with unwashed hands.**
- **Cover your cough or sneeze with a tissue, then throw it in the trash and wash your hands.**
- **Eat healthy foods and drink plenty of fluids.**

For questions talk to your health care provider or call 2-1-1

For latest updates visit: www.coronavirus-sd.com
What You Need To Know About Coronavirus

Novel coronavirus, or COVID-19, is a new global disease.

This virus presents symptoms that resemble the flu:

- Fever
- Cough (Usually Dry)
- Shortness Of Breath

At this time, there is no vaccine. Prevention is important.

- Wash Your Hands Frequently
- Use Hand Sanitizer If Soap And Water Are Not Available
- Don’t Share Unwashed Utensils
- Avoid Shaking Hands

If you are experiencing symptoms, please immediately contact your health care provider, tell an outreach worker or call 2-1-1 for information on how to find a health care provider.

HOW TO USE HAND SANITIZER

APPLY THE PRODUCT ON THE PALM OF ONE HAND

RUB HANDS TOGETHER

COVER ALL SURFACES UNTIL HANDS FEEL DRY (20 SEC)

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