WHAT IS THE NOVEL CORONAVIRUS (COVID-19)?

COVID-19 is a respiratory illness caused by a novel (new) coronavirus that originated in China in late 2019, and has now spread to numerous countries including the United States.

WHAT ARE THE SYMPTOMS?

- FEVER
- COUGH
- SHORTNESS OF BREATH

Most cases are MILD or MODERATE. Some are more severe, requiring hospitalization.

HOW DOES IT SPREAD?

- Breathing in droplets when you are within six feet of someone who coughs or sneezes
- Touching surfaces contaminated with virus and then touching your own nose, mouth or eyes

WHO IS AT RISK?

- TRAVELERS TO COUNTRIES WITH WIDESPREAD OUTBREAKS, AND THEIR CLOSE CONTACTS, ARE AT HIGHEST RISK (SEE CDC.GOV).
- OLDER PERSONS AND THOSE WITH UNDERLYING CONDITIONS ARE AT HIGHEST RISK OF SEVERE ILLNESS

WHAT SHOULD I DO?

- WASH HANDS with soap & water for 20 seconds
- STAY HOME when sick
- COVER COUGHS & sneezes with tissue or in sleeve

PLAN AND PREPARE

With local community transmission likely in the future, plan ahead for how you’d handle school closures or home quarantine. Make sure you have 2 weeks of food, medications and other necessities.

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