

Effecting Change through the Use of Motivational Interviewing: Interactive Training for Skill Development

Sponsored By:

UCLA Integrated Substance Abuse Programs, the Pacific Southwest Addiction Technology Transfer Center, and
the San Diego Regional Task Force on Homelessness





Pre-Registration is Required!

Please try to log in 10-15 minutes prior to the training to ensure your audio and visual connections are working properly.

Through an extensive period of community input, the Regional Task Force on Homelessness produced the Continuum of Care's Homeless Outreach Standards. Within the Standards, are training requirements for all outreach workers throughout the county. This is to help ensure people conducting outreach throughout our region have the tools to work effectively with people who are unsheltered, and help them move to housing.

One of the training areas is Motivational Interviewing. The Regional Task Force on Homelessness has partnered with UCLA's Integrated Substance Abuse Programs to provide Motivational Interviewing training for outreach workers who do not have it available through their own organizations. There will be a series of 8 virtual trainings. Outreach workers only need to attend one training. The trainings will be 3.5 hours in length and is highly interactive. Due to the interactive nature of the trainings, attendance will be limited.

Due to high demand for these trainings, you must attend if your RSVP has been accepted, OR notify Victoria Norith via email: vnorith@mednet.ucla.edu to cancel your RSVP within 12 days of the training.

Trainer:	Andrew Kurtz, LMFT, UCLA Integrated Substance Abuse Programs
Dates and Times:	<p>Monday, April 25, 2022; 8:00am-11:30am PT *Registration link: https://uclahs.zoom.us/meeting/register/tJ0lc-iprT8oHdWP-XSLVhLCP2uJcN5lnOqF</p> <p>OR</p> <p>Wednesday, May 25, 2022; 8:00am-11:30am PT *Registration link: https://uclahs.zoom.us/meeting/register/tJ0sc-uurzqkH9xq-QUoESmdc3UkgkKVqIA6 **You will receive a Zoom confirmation email if your registration has been accepted. <i>Please do not share your unique Zoom log-in link.</i></p>
Camera and audio use Required for this training	<p>In order to participate in this training you must be on and audio! This is an interactive, clinical skills training with person-to-person interaction. Being on camera and audio is mandatory (computer, phone, or tablet).</p> <div style="display: flex; justify-content: center; gap: 20px;">   </div>

<p>Who Should Attend:</p>	<p>This three-hour live virtual training is free and is open to Homeless Outreach Workers who are interested in learning more about Motivational Interviewing.</p>
<p>Training Description and Core Clinical Components:</p>	<p>Motivational Interviewing (MI) is a conversation style to help people constructively talk about reducing health risks and changing behavior. MI is designed to enhance the individual's motivation to change using strategies that are empathic and non-confrontational. Motivational Interviewing, a treatment approach developed by William Miller, has been well established as an effective way to promote behavior change in individuals. MI's guiding helping style draws out the individual's strengths and desires to help them make changes to improve their health and becoming housed. Homeless outreach workers will learn about the fundamental MI Spirit, Principles and micro-skills in an experiential skill-development training. Ample time will be devoted to real play and group practice sessions to enable training participants to gain the skills necessary to engage the people they are working with to enhance their motivation for change.</p>
<p>Learning Objectives</p>	<p>At the end of this training, participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify at least three (3) components of the Spirit of Motivational Interviewing. 2. Distinguish at least two (2) ways that Motivational Interviewing will enhance their work with people living unsheltered. 3. Propose at least two (2) principles of Motivational Interviewing. 4. Explain at least two (2) reasons why active listening is important before problem-solving solutions for the client. 5. Analyze at least three (3) of the MI micro-skills and explain how they can enhance a conversation about behavior change.
<p>Continuing Education:</p>	<div data-bbox="347 1062 467 1171" data-label="Image"> </div> <p>Each training course meets the qualifications for the provision of three (3.0) continuing education credits/contact hours (CEs/CEHs). UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content. UCLA ISAP is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs (Provider #64812). UCLA ISAP maintains responsibility for this program/course and its content. Each course meets the qualifications for three (3.0) hours of continuing education credit for LMFTs, LCSWs, LPCCS, and LEPs as required by the California Board of Behavioral Sciences. UCLA ISAP is also an approved provider of continuing education for RADTs I/II, CADCs-CASs, CADCs I/II, CADCs-CSs, and LAADCs (CCAPP, #2N- 00-445-1123), CATCs (ACCBC/CAADE, #CP40 872 C 0822), and CAODCs (CADTP, #151). Provider is approved by the California Board of Registered Nursing, Provider #15455, for 3.0 contact hours. Partial credit will not be available for those participants who arrive late or leave early.</p> <p>Continuing education credit will be awarded within 6-8 weeks following completion of the virtual training.</p>

Capacity for each training is 40

You will be notified if space has been reserved for you upon receipt of your online registration.

******Please be sure you received a confirmation email before attending the training******

Please contact Victoria Norith by phone (310) 267-5408 or e-mail at vnorith@mednet.ucla.edu if you have questions, concerns, special needs, or require additional information before registering for the training.



If you need a disability-related reasonable accommodation/alternative format for this event, please contact Victoria Norith by phone (310) 267-5408 or e-mail at vnorith@mednet.ucla.edu at least 1 week before the training.

Refund/Cancellation Policy: Notice of cancellation must be made at least 72 hours in advance of the training by contacting Victoria Norith by phone (310) 267-5408 or email at vnorith@mednet.ucla.edu. You can also cancel directly via zoom.

Instructions for Filing a Grievance Concerning UCLA ISAP's Continuing Education Program:

Please contact Dr. Thomas E. Freese, CE Program Administrator, in writing

(UCLA ISAP, 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024) or by phone (310-267-5397).

Alternately, you may contact Dr. Gloria Miele or Dr. James Peck, ISAP-affiliated doctoral-level psychologists responsible for program planning for the ISAP CE Program. Drs. Miele and Peck can be reached in writing at: 10911 Weyburn Avenue, Suite 200, Los Angeles, CA 90024, Los Angeles, CA 90025 or by phone at: 310-267-5888 (Miele) or 310-267-5346 (Peck).
