

Food & Material Goods/ Comida & Articulos Materiales

**Church of the Nazarene in Mid-City, Food Distribution**

4101 University Ave, San Diego, 92105  
(619) 516-1000

**First Presbyterian Church of San Diego, Ladle Fellowship**

Provides Sunday meal, clothing, blankets and hygiene items  
320 Date St, San Diego, 92101  
(619) 232-7513

**Uptown Community Service Center**

Provides food, clothing & hygiene items  
3725 30<sup>th</sup> St, San Diego, 92014  
(619) 693-5511

**So Others May Eat, Inc, Hot Meals**

4776 Saratoga Ave, San Diego, 92107  
(858) 900-1275

**Jacobs & Cushman San Diego Food Bank,**

**Diaper Distribution Site-** Diapers for infants and toddlers  
Project Access, Inc. – Project Access residents  
690 Beardsley St, #100, San Diego, 92113  
(858) 381-0042

San Diego Hope for Humanity

9191 University Ave, San Diego, 92115  
(619) 724-2255

Step Forward – Must be CalWORK’s recipients

2772 4<sup>th</sup> Ave, 2<sup>nd</sup> Flr, San Diego, 92103  
(619) 295-6067

St. Paul United Methodist Church

3094 L St, San Diego, 92102  
(619) 232-5683

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Employment Services/ Servicios de Empleo

**Center for Employment Training**

4153 Market St, Ste C, San Diego, 92102  
(619) 527-4895

**San Diego Workforce Partnership, Employment & Training**

4389 Imperial Ave, San Diego, 92113  
(619) 266-4200

**Father Joe’s Villages, Employment & Education Services**

1501 Imperial Ave, San Diego, 92101  
(619) 233-8500

**Manpower of San Diego, Jobs4Veterans**

For veterans, their spouses and dependents 18 & older only  
1855 1<sup>st</sup> Ave, #300, San Diego, 92101  
(619) 699-1240

**Able-Disabled Advocacy, VetWORKS- TechWORKS**

Must be a recently separated Veteran or with a service connected disability  
4389 Imperial Ave, San Diego, 92113  
(619) 266-4247

Legal/ Ayuda Legal

**La Maestra Community Health Centers, Social Services Dept**

Provides advocacy for victims of domestic violence or crime  
4135 Fairmount Ave, San Diego, 92105  
(619) 795-5971

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**Legal Aid Society of San Diego, Inc., Legal Services**

110 Euclid Ave, San Diego, 92114  
(877) 534-2524

**San Diego LGBT Community Center, Legal Clinic**

3909 Centre St, San Diego, 92103  
(619) 692-2077

**California Western School of Law, Legal Assistance**

Offers legal advice, referrals & consultations  
1420 3<sup>rd</sup> Ave, San Diego, 92101  
4474 El Cajon Blvd, San Diego, 92115  
4510 Landis St, San Diego, 92105  
(619) 780-7498

Veterans/ Veteranos

**American Legion, Department of Service Officers**

8810 Rio San Diego Dr, Rm 117, San Diego, 92108  
(619) 400-5301

**Minority Veterans Coalition of California South West Region, Support Services for Veterans**

415 Euclid Ave, San Diego, 92114  
(619) 871-4405

**San Diego Public Library, Veterans Resource Center**

330 Park Blvd, San Diego, 92101  
(619) 238-6697

COVID-19 Testing/Pruebas de COVID-19

To get connected to a health clinic or find out where to get tested, call 2-1-1

**Last updated: November 2020**

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# Central San Diego County Directory

Selected services, including shelter, food assistance, and healthcare  
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



**In partnership with Regional Taskforce on the Homeless**

To find the most up-to-date information, visit [211sandiego.org](http://211sandiego.org) or dial 2-1-1  
Para encontrar la información más actualizada, visite [211sandiego.org](http://211sandiego.org) o llame al 2-1-1

Call first for COVID-19 procedures  
Llame primero para los procedimientos de COVID-19

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## Healthcare/ Cuidado de la Salud

**Family Health Centers of San Diego, Healthcare for the Homeless** (Includes dental)  
(619) 515-2551 (for locations below)  
140 Elm St, San Diego, 92101  
1550 Broadway, San Diego, 92101  
1250 6<sup>th</sup> Ave, #100, San Diego, 92101  
2391 Island Ave, San Diego, 92102  
4725 Market St, San Diego, 92102  
4094 4<sup>th</sup> Ave, San Diego, 92103  
4874 Polk Ave, San Diego, 92103  
3544 30<sup>th</sup> St, San Diego, 92104  
5160 Federal Blvd, San Diego, 92105  
2325 Commercial St, #1400, San Diego, 92113  
1809 National Ave, San Diego, 92113  
5454 El Cajon Blvd, San Diego, 92115  
Homeless Mobile Medical Unit  
(619) 515-2551  
Dental Care  
4065 3<sup>rd</sup> Ave, San Diego, 92103  
(619) 515-2535

**Public Health Services, HHS County of San Diego Immunization Clinic**  
5202 University Ave, San Diego, 92105  
(619) 229-5400

**Father Joe's Villages, St Vincent de Paul Village Village Family Center**  
Primary care and behavioral healthcare  
1501 Imperial Ave, San Diego, 92101  
(619) 233-8500

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**Planned Parenthood of the Pacific Southwest**  
(888) 743-7526 (for all locations below)  
4305 University Ave, #350, San Diego, 92105  
4575 College Ave, San Diego, 92115  
220 Euclid Ave, #30, San Diego 92114  
2017 1<sup>st</sup> Ave, San Diego, 92101

## Mental Health/ Salud Mental

**Access and Crisis Line**  
(888) 724-7240 Toll free 24 hours a day, 7 days a week

**National Domestic Violence Hotline**  
(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

**Alcoholics Anonymous**  
604 E Vista Way, Vista, 92084  
(760) 758-2514 Hotline 24 hours a day, 7 days a week

**Health & Human Services Agency, Behavioral Health Services**  
1045 9<sup>th</sup> Ave, San Diego 92101  
(619) 235-2600  
286 Euclid Ave, #102, San Diego, 92114  
(619) 266-2111  
3177 Ocean View Blvd, San Diego, 92113  
(619) 595-4400

**Community Resources & Self Help (CRASH), Inc. Short-Term Residential Program-** Alcohol & drug treatment  
(619) 233-8054 (for all locations below)  
Men-Only Facility- 4161 Marlborough Ave, San Diego, 92105  
Women-Only Facility- 2410 E St, San Diego, 92102

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**Narrative Initiatives San Diego, Counseling Services**  
3636 5<sup>th</sup> Ave, #203, San Diego, 92103  
(619) 786-7184

**The Salvation Army San Diego Regional Office Adult Rehabilitation Center-** Ages 21-65 years old  
1335 Broadway, San Diego, 92101  
(619) 239-4037 Ext 345

**San Diego Rescue Mission, Men's Center**  
Residential treatment program for males 18 & older  
120 Elm St, San Diego, 92101  
(619) 819-1826

**Stepping Stone of San Diego, Inc, Residential Recovery Program-** Emphasis on LGBTQ but all are welcome  
3767 Central Ave, San Diego, 92105  
(619) 278-0777

## Homeless Resources/ Drop-in Services Recursos Para Personas Sin Hogar

**Father Joe's Villages, San Diego Day Center**  
Provides showers, laundry, etc., for ages 18 & older  
299 17<sup>th</sup> St, San Diego, 92101  
(619) 230-7390

**Catholic Charities Diocese of San Diego, Rachel's Women's Center-** Provides shower, lunch, clothing, etc. for women only  
759 8<sup>th</sup> Ave, San Diego, 92101  
(619) 696-0873

**San Diego Youth Services, Storefront, Overnight Shelter and Day Center-** For youth ages 12-17 years old  
Address is confidential, call for information  
(619) 325-3527

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**Regional Task Force on the Homeless, Coordinated Entry Access Sites-** Provides resources for housing needs  
Dreams for Change Safe Parking  
(619) 497-2036 (for locations below)  
766 28<sup>th</sup> St, San Diego, 92102  
5605 Imperial Ave, San Diego, 92114  
Father Joe's Villages Day Center  
299 17<sup>th</sup> St, San Diego, 92101  
(619) 230-7390  
Salvation Army  
825 7<sup>th</sup> Ave, San Diego, 92101  
(619) 699-2214

**For Families**  
Father Joe's Villages JKC Campus  
1501 Imperial Ave, San Diego, 92101  
(619) 233-8500

**For Youth ages 24 years and younger**  
San Diego LBGTQ Youth Center  
3909 Centre St, San Diego, 92103  
(619) 692-2077

San Diego Youth Services, TAY Academy  
2220 Broadway, San Diego, 92103  
(619) 232-8126

## Shelters/ Albergues

**Interfaith Shelter Network (ISN), Catholic Charities**  
Open yearly during winter season only, please call for dates. Accepts couples, families w/children, single men & women, women w/children & men w/children  
(619) 231-2828 Option 2

**San Diego Youth Services, VI-SPDAT Assessment Site TAY Academy-** For youth ages 18-24 years old  
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