

Food & Material Goods/ Comida & Articulos Materiales

Feeding San Diego, Food Distribution

204 S Freeman St, Oceanside, 92054
(760) 722-8522
1000 Valle Terrace Dr, Vista, 92084
(760) 631-5000 Ext 7206

Bread of Life, Congregate Meal

Offers a hot meal
1919 Apple St, Ste R, Oceanside, 92054
(760) 722-0800

Gleaning Field Foundation, Food Distribution

Provides a box of food and clothing
2222 Watson Way, Vista, 92083
(760) 945-1003

Community Resource Center, Monthly Emergency Food Assistance & Weekly Food Distribution

650 2nd St, Encinitas, 92024
(760) 753-8300

The Salvation Army San Diego Regional Office

Fresh Choice Program- Provides walk-in food distribution
3935 Lake Blvd, Oceanside, 92056

Interfaith Community Services, Basic Needs Walk-in Service

Provides food, hygiene items, clothing vouchers
5731 Palmer Way, Ste A, Carlsbad, 92010
(760) 448-5696
4700 N River Rd, Oceanside, 92057
(760) 721-2117

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Jacobs & Cushman San Diego Food Bank, Diaper Distribution

Sites- Diapers for infants and toddlers
Spirit of Sharing
1361 Rocky Point Dr, Oceanside, 92056
(760) 726-8100
Brother Benno's Center
3260 Production Ave, Oceanside, 92058
(760) 439-1244
Vista Community Clinic – VCC pediatric patients only
1000 Vale Terrace Dr, Vista, 92084
(760) 631-5000

Employment Service/ Servicios de empleo

San Diego Workforce Partnership, North Coastal Career Center

1949 Avenida Del Oro, #106, Oceanside, 92056
(760) 631-6150

Goodwill Industries of San Diego County, Employment Center

414 N Coast Hwy, Oceanside, 92054
(760) 722-8582

Interfaith Community Services, Veterans Employment Services

For disabled veterans only
1617 Mission Ave, Oceanside, 92058
(760) 529-9979

Veterans Village of San Diego, Employment & Training Service

For veterans only
1701 Mission Ave, Oceanside, 92058
(442) 262-2702

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Inc, Legal Services

216 S Tremont St, Oceanside, 92054
(877) 534-2524

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National Lawyers Guild Military Legal Clinic, Military

Legal Clinic- For military personnel or veterans only
(619) 463-2369

Veterans/ Veteranos

Homeless Veterans of San Diego (HVSD), Veteran

Assistance- Must be a veteran, offers support and resources
(760) 383-1685

Disabled American Veterans National Service Office

Counseling, Claims & Form Preparation
1624 S Coast Hwy, Oceanside, 92054
(858) 642-6454

Veterans Chamber of Commerce, Stars & Stripes

Provides guidance, counseling, and resources for veterans that have been honorably discharged
(760) 936-7692

American Combat Veterans of War, Veteran Benefits

Assistance- Program open to veterans and their families
62330 7th St, #109, Vista, 92083
(760) 889-1515
3508 Seagate Way, #160, Oceanside, 92056
(760) 696-0460

COVID-19 Testing/Pruebas de COVID-19

To get connected to a health clinic or find out where to get tested, call 2-1-1

Last Updated: November 2020

National Lawyers Guild Military Legal Clinic, Military

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North Coastal San Diego County Directory

Selected services, including shelter, food assistance, and healthcare
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with
Regional Taskforce on the Homeless

To find the most up-to-date information, visit
211sandiego.org or dial 2-1-1
Para encontrar la información más actualizada, visite 211sandiego.org o llame al 2-1-1

Call first for COVID-19 procedures
Llame primero para los procedimientos de COVID-19

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Healthcare/ Cuidado de la salud

North County Health Services

(760) 736-6767 (for all locations below)
1130 2nd St, Encinitas, 92024
3220 Mission Ave, # 1, Oceanside, 92058
Dental Care
2216 S El Camino Real, #121, Oceanside, 92054
619 Crouch St, #100, Oceanside, 92054

Family Health Centers of San Diego

Homeless Mobile Medical Unit
(619) 515-2551

Vista Community Clinic, General Medical Services

(844) 308-5003 (for all locations below)
517 N Horne St, Oceanside, 92054
4700 N River Rd, Oceanside, 92057 (Dental included)
818 Pier View Way, Oceanside, 92054
134 Grapevine Rd, Vista, 92083
1000 Vale Terrace Dr, Vista, 92084 (Dental included)

University of California San Diego Health, Primary Care Services

1505 Encinitas Blvd, Encinitas, 92024
(800) 926-8273
910 Sycamore Ave, #270, Vista, 92081
(760) 598-1776

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(760) 598-1776

Public Health Services, HHS County of San Diego Immunization Clinic

(760) 967-4401 (for all locations below)
3609 Ocean Ranch Blvd, #104, Oceanside, 92056
120 Stevens Ave, Solana Beach, 92075

Planned Parenthood of the Pacific Southwest

1820 Marron Rd, #110, Carlsbad, 92008
(888) 743-7526

Mental Health/ Salud Mental

Access and Crisis Line

(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline

(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

Alcoholics Anonymous

604 E Vista Way, Vista, 92084
(760) 758-2514 Hotline 24 hours a day, 7 days a week

Health & Human Services Agency, Behavioral Health Services

550 W Vista Way, Vista, 92083
(760) 758-1092
1707 Mission Ave, #210, Oceanside, 92058
(760) 712-3535

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Alpha Project for the Homeless, Casa Raphael

Residential drug & alcohol treatment program
993 Postal Way, Vista, 92083
(760) 630-9922

Exodus Recovery, Inc, Walk-in Assessment Center

524 W Vista Way, Vista, 92083
(760) 758-1150

Green Oak Ranch Healing Community, Substance Abuse Treatment

1237 Green Oak Rd, Vista, 92081
(760) 727-0251

McAlister Institute for Treatment & Education, Outpatient

(760) 721-2781 (for all locations below)
1701 Mission Ave, #310, Oceanside, 92058
1211 W Vista Way, Ste C, Vista, 92083

Palomar Family Counseling Service, Inc.

945 Vale Terrace Dr, Vista, 92084
(760) 630-3505

Marine & Family Programs, Counseling Services

For active, retired military, reservists, & families
Camp Pendleton, Building 1122, Camp Pendleton, 92055
(760) 763-3222

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Homeless Resources/ Drop in Services
Recursos para personas sin hogar

Regional Task Force on the Homeless, Coordinated Entry Access Sites- Provides resources for housing needs

VA Healthcare Systems
1300 Rancho Del Oro Rd, Oceanside, 92056
(619) 497-8989

Shelters/ Albergues

Interfaith Shelter Network (ISN), North County LGBTQ

Resource Center- Open Jan-Mar, accepts homeless couples, families with children, and single individuals
3220 Mission Ave, Ste 2, Oceanside, 92058
(760) 994-1690

Catholic Charities Diocese of San Diego, La Posada

De Guadalupe Shelter- homeless single men and farm workers 18 years and older only
2478 Impala Dr, Carlsbad, 92008
(760) 929-2322

Operation Hope North County

Year round shelter for families, single women and single males with children
859 E Vista Way, Vista, 92084
(760) 536-3880 Ext 302

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