

Food & Material Goods/ Comida & Articulos Materiales

Feeding San Diego, Mobile Food Distribution

(858) 452-3663 (for all locations below)
4980 Sweetgrass Ln, Bonsall, 92003
611 Church Ln, Borrego Springs, 92004
463 S Stage Coach Ln, Fallbrook, 92028
1850 California 78, Julian, 92036
16650 Highway 76, Pauma Valley, 92061
1915 N Twin Oaks Valley Rd, San Marcos, 92069

Interfaith Community Services, Basic Needs Walk-in Services

Provides a shower, emergency food, hygiene items, etc.
550 W Washington Ave, Ste B, Escondido, 92025
(760) 489-6380

Fallbrook Food Pantry, Food Distribution

140 N Brandon Rd, Fallbrook, 92028
(760) 728-7608

Summit Christian Church, Food Distribution

292 E Barnham Dr, San Marcos, 92078
(760) 471-6267

Mountain Manna, Food Distribution

2898 Highway 78, Julian, 92036
(760) 765-0114

Mt Carmel Catholic Parish San Diego, Food for Families

Food Distribution
13541 Stoney Creek Rd, San Diego, 92129
(858) 484-1070

Provision San Diego, Compassion Saturday, Food Distribution

1001 W Country Club Ln, Escondido, 92026
(760) 889-1969

Jacobs & Cushman San Diego Food Bank, Diaper Distribution

Sites- For infants and toddlers
Interfaith Community Services
550 W Washington Ave, Escondido, 92025
(760) 489-6380
Shaback Resource Center
272 E Via Rancho Pkwy #157, Escondido, 92025
(619) 519-9090
Summit Christian Church
292 E Barham Dr, #202, San Marcos, 92078
(760) 471-6267
Rock Church San Marcos
1370 W San Marcos Blvd, San Marcos, 92078
(619) 226-7625

North County Food Bank
3030 Enterprise Ct, Ste A, Vista, 92081
(858) 863-5177
Ramona Food & Clothes Closet
773 Main St, Ramona, 92065
(760) 489-4458
St Gabriel's Church
13734 Twin Peaks Rd, Poway, 92064
(858) 748-5348
San Diego Food Bank
9850 Distribution Ave, San Diego, 92121
(858) 527-1419

Employment Services/ Servicios de Empleo

Goodwill Industries of San Diego County, Employment Center

315 W Washington, Escondido, 92025
(760) 739-0600

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315 W Washington, Escondido, 92025
(760) 739-0600

San Diego Workforce Partnership, Employment & Training

(619) 319-9675

Veterans Village of San Diego, Employment & Training Service-

For veterans only
649 W Mission Ave, Escondido, 92025
(760) 740-5558

Legal/ Ayuda Legal

Legal Aid Society of San Diego, Legal Services

100 E San Marcos Blvd, Ste 308, San Marcos, 92069
(877) 534-2524

Interfaith Community Services, Legal Aid Clinic

550 W Washington Ave, Escondido, 92025
(760) 489-6380

Veterans/ Veteranos

Military Health System, Reference Center

Provides advocacy & referral for military, veterans and their families
(866) 966-1020

Homeless Veterans of San Diego (HVSD), Veteran Assistance-

Support services for veterans only
(760) 214-1122

Palomar Community College, Veterans Resource Center-

For veterans & dependents or reservist only
1140 W Mission Rd, San Marcos, 92069
(760) 744-1150 Ext 2173

Last Updated: November 2022

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(619) 319-9675

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Last Updated: November 2022

North Inland San Diego County Directory

Selected services, including shelter, food assistance, and healthcare
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with
Regional Task Force on Homelessness

To find the most up-to-date information, visit
211sandiego.org or dial 2-1-1
Para encontrar la información más actualizada, visite 211sandiego.org o llame al 2-1-1

Due to COVID-19, please bring a face covering and practice 6 feet distancing at all times.

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Healthcare/ Cuidado de la Salud

Neighborhood Healthcare

460 N Elm St, Escondido, 92025
(760) 520-8100
728 E Valley Pkwy, Escondido, 92025
(760) 767-6900
13010 Poway Rd, Poway, 92064
(858) 218-3000
28477 Lizard Rocks Rd, Valley Center, 92082
(833) 867-4642
1309 S Mission Rd, Fallbrook, 92028
(760) 690-5900
Dental Care, Ray M Dickinson Wellness Center
425 N Date St, #129, Escondido, 92025
(760) 520-8330

TrueCare (North County Health Services)- Dental services included
(760) 736-6767 (for locations below)
220 Rotanzi St, Ramona, 92065
150 Valpreda Rd, San Marcos, 92059

Family Health Centers of San Diego

Homeless Mobile Medical Unit (619) 515-2551

Indian Health Council, Inc- Dental services included
50100 Golsh Rd, Valley Center, 92082
(760) 749-1410

Public Health Services, HHS County of San Diego Immunization Clinic

202 W College St, Fallbrook, 92028
(760) 967-4401
(760) 740-3000 (for all locations below)
649 W Mission Ave, #2, Escondido, 92025
1521 Main St, Ramona, 92065
10330 Carmel Mountain Rd, San Diego, 92129

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Borrego Community Health Foundation, Community Clinic

4343 Yaqui Pass Rd, Borrego Springs, 92004
(760) 767-5051
1121 E Washington Ave, Escondido, 92025
(760) 871-0606
2721 Washington St, Julian, 92036
(760) 764-1223
Woolcott Dental
590 Palm Canyon Dr, #212, Borrego Springs, 92004
(760) 767-5112

Community Health Systems, Inc

Medical Care & Women's Health Services and Dental
(1328 S Mission Rd, Fallbrook, 92028
(760) 451-4730

Planned Parenthood of the Pacific Southwest

347 W Mission Ave, Escondido, 92025
(888) 743-7526

Mental Health/ Salud Mental

Access and Crisis Line

(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline

(800) 799-7233 (800) 799-SAFE

Alcoholics Anonymous

(760) 758-2514 Hotline 24 hours a day, 7 days a week

Mental Health Systems, Inc

125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
12344 Oak Knoll Rd, #C1, Poway, 92064
(858) 391-9303

Borrego Community Health Foundation, Community Clinic

4343 Yaqui Pass Rd, Borrego Springs, 92004
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1121 E Washington Ave, Escondido, 92025
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(858) 391-9303

Behavioral Health Services, HHS, Adult Urgent Walk-in

125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
474 W Vermont Ave, #101, Escondido, 92025
(760) 480-2255

TrueCare (North County Health Services), Behavioral Health

(760) 736-6767 (for locations below)
150 Valpreda Rd, San Marcos, 92069
220 Rotanzi St, Ramona, 92065

McAlister Institute for Treatment & Education Adult Outpatient Treatment

200 E Washington Ave, #100, Escondido, 92025
(760) 741-7708
751 Rancheros Dr, #3-5, San Marcos, 92069
(760) 761-0515

Palomar Family Counseling Service, Inc

(760) 741-2660 (for locations below)
1002 E Grand Ave, Escondido, 92025
120 W Hawthorne St, Fallbrook, 92028
13943 Poway Rd, Ste A, Poway, 92064

United States Dept of Veterans Affairs, San Marcos Vet Center, Counseling Center

-For veterans, service members and their families only
1 Civic Center Dr, #150, San Marcos, 92069
(858) 898-6050

Behavioral Health Services, HHS, Adult Urgent Walk-in

125 W Mission Ave, #103, Escondido, 92025
(760) 747-3424
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Homeless Resources/ Drop in Services

Recursos Para Personas Sin Hogar

Regional Task Force on Homelessness, Coordinated

Entry Access Sites

Interfaith Community Services
550 W Washington Ave, Escondido, 92025
(760) 489-6380
YMCA, for youth 18 and older
1050 N Broadway, Escondido, 92026
(760) 908-9373

Shelters/ Albergues

Interfaith Community Services, Winter Shelter

Tentative opening in Jan-Mar, accepts homeless couples, families with children, single men & women, women with children and men with children
550 West Washington Ave, Ste B, Escondido 92025
(760) 489-6380

Center for Community Solutions, Hidden Valley House

Temporary, emergency shelter for survivors of domestic violence
(760) 480-0055

Women's Resource Center, Crisis Intervention

Emergency domestic violence shelter for women and their children who are victims of domestic violence
Crisis intervention & hotline for victims of domestic violence
(760) 757-3500

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