Due to COVID-19, please bring a face covering and practice 6 feet distancing at all times.

To find the most up-to-date information, visit 211sandiego.org or dial 2-1-1

For veterans only

Veterans Village of San Diego, Employment & Training
401 Mile of Cars Way, National City, 91950
(619) 731-3356

Legal/ Ayuda Legal

Public Defender, County of San Diego
Provides legal assistance
303 H St, #400, Chula Vista, 91910
(619) 498-2001

Veterans/ Veteranos

American Legion, Heroes to Hometown
For severely injured service members returning home from OEF/OIF or children of veterans only
299 I St, Chula Vista, 91910
(619) 791-6694

Military Health System, Reference Center
Provides advocacy & referral for military, veterans and their families
(760) 643-2049

Last Updated: November 2022

In partnership with Regional Task Force on Homelessness

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Selected services, including shelter, food assistance, and healthcare

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Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud

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San Ysidro Health Medical Services
(619) 662-4100 (for all locations below)
678 Third Ave, Chula Vista, 91910 (dental included)
1637 Third Ave, Chula Vista, 91911
1136 D Ave, National City, 91950
2400 E 8th St, National City, 91950
330 E 8th St, National City, 91950
4050 Beyer Blvd, San Diego, 92173
4004 Beyer Blvd, San Diego, 92173 (dental included)
Urgent Care
678 Third Ave, Chula Vista, 91910
Dental Care
340 E 8th St, National City, 91950

Imperial Beach Community Clinic Health Center
(619) 429-3733 (for all locations below)
949 Palm Ave, Imperial Beach, 91932
1016 Outer Rd, San Diego, 92154

La Maestra Community Health Centers Medical Clinic
217 Highland Ave, National City, 91950
(619) 280-4213

Paradise Valley Hospital, Acute Care Hospital Services
2400 E 4th St, National City, 91950
(619) 470-4321

OpSam Health (Samahan Health Centers)
(844) 200-2426 (for all locations below)
Medical
2743 Highland Ave, National City, 91950
Dental
2835 Highland Ave, National City, 91950

Southwestern College, Dental Hygiene Program
Provides dental hygiene services & oral health care education
880 National City Blvd, National City, 91950
(619) 216-6663

Public Health Services, HHSA, County of San Diego
Immunization Clinic
690 Oxford St, Chula Vista, 91911
(619) 409-3110

Planned Parenthood of the Pacific Southwest
1295 Broadway, #201, Chula Vista, 91911
(888) 743-7526

Mental Health/ Salud Mental
Access and Crisis Line
(888) 724-7240 Toll free 24 hours a day, 7 days a week

National Domestic Violence Hotline
(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

Paradise Valley Hospital, Inpatient and Outpatient
330 Moss St, Chula Vista, 91910
2400 E 4th St, National City, 91950
(800) 585-2767

San Ysidro Health Behavioral Services
(619) 662-4100 (for all locations below)
678 Third Ave, Chula Vista, 91910
4004 Beyer Blvd, San Diego, 92173

Family Health Centers of San Diego, Mental Health Services
248 Landis Ave, Chula Vista, 91910
(619) 515-2338
742 10th St, Imperial Beach, 91932
(619) 906-5322
Mobile Counseling Center
(619) 515-2338

McAlister Institute for Treatment & Education, Outpatient
1180 Third Ave, Ste C3-CS, Chula Vista, 91911
(619) 691-8164

Paradise Valley Hospital, Urgent Care
1180 Third Ave, Ste C3-CS, Chula Vista, 91911
(619) 691-8164

United States Dept of Veteran Affairs, Chula Vista Vet Center
Counseling center for veterans, service members and their families only
180 Otay Lakes Rd, #107-108, Bonita 91902
(858) 404-8380

Homeless Resources/ Drop in Services
Resursos para personas sin hogar

Regional Task Force on Homelessness, Coordinated
Entry Access Sites- Provides resources for housing needs
South Bay Community Services
430 F St, Chula Vista, 91910
(619) 420-3620

SBCS (South Bay Community Services), Casa Seguras Shelter
Provides short-term shelter/transitional housing for both male and female victims of domestic violence
Address is confidential, please call for information
(619) 420-3620