

Food & Material Goods/ Comida & Articulos Materiales

**SBCS (South Bay Community Services), Food Distribution**  
(619) 420-3620  
1051 Picador Blvd, San Diego, 92154  
160 Quintard St, Chula Vista, 91911  
415 5<sup>th</sup> Ave, Chula Vista, 91910

**The Salvation Army San Diego Regional Office, Food Distribution**  
648 Third Ave, Chula Vista, 91910  
(619) 422-7027

**Society of St Vincent De Paul, San Diego Council, Food Distribution**  
1245 Fourth Ave, Chula Vista, 91911  
(619) 422-2100

**La Maestra Community Health Centers, Food Distribution**  
217 Highland Ave, National City, 91950  
(619) 779-7900

**Friendships For Hope Inc, Food Distribution**  
2701 E 8<sup>th</sup> St, National City, 91950  
(619) 267-8990

**Feeding San Diego, Food Distribution**  
Southport Christian Center  
142 E 16<sup>th</sup> St, National City, 91950  
(619) 474-2834  
First Christian Church of National City  
1800 E 17<sup>th</sup> St, National City, 91950  
(619) 474-2254

**Imperial Beach Neighborhood Center, Saturday Showers Program**  
Provides sack lunches, showers and hygiene items  
(619) 947-6057 call for address

**Jacobs & Cushman San Diego Food Bank, Diaper Distribution**  
**Site-** Diapers for infants and toddlers  
Operation Promise  
3441 Main St, Chula Vista, 91911  
(619) 902-1206  
Project 1:1  
560 Palomar St, Chula Vista, 91911  
(619) 777-6723  
Latter Rain Mission & Training Center  
750 13<sup>th</sup> St, Ste A1, Imperial Beach, 91932  
(619) 575-8010

WIC locations distribute diapers for infants & toddlers  
(888) 942-7942 (for all locations below)  
1655 Broadway, #17, Chula Vista, 91911  
886 Palm Ave, Imperial Beach, 91932  
1420 E Plaza Blvd, Ste B4, National City, 91950  
4050 Beyer Blvd, 3<sup>rd</sup> Flr, San Ysidro, 92173  
4494 Camino De La Plz, San Ysidro, 92173

Employment Services/ Servicios de empleo

**San Diego Workforce Partnership, Employment and Training**  
(619) 319-9675

**Goodwill Industries of San Diego County**  
Employment Center  
865 E H St, Chula Vista, 91910  
(619) 207-0386  
630 Front St, San Diego, 92173  
(619) 271-3896

**Veterans Village of San Diego, Employment & Training**  
For veterans only  
401 Mile of Cars Way, National City, 91950  
(619) 731-3356

Legal/ Ayuda Legal

**Public Defender, County of San Diego**  
Provides legal assistance  
303 H St, #400, Chula Vista, 91910  
(619) 498-2001

Veterans/ Veteranos

**American Legion, Heroes to Hometown**  
For severely injured service members returning home from OEF/OIF or children of veterans only  
299 I St, Chula Vista, 91910  
(619) 791-6694

**Military Health System, Reference Center**  
Provides advocacy & referral for military, veterans and their families  
(760) 643-2049

Last Updated: November 2022

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Last Updated: November 2022

# South San Diego County Directory

Selected services, including shelter, food assistance, and healthcare  
Servicios seleccionados que incluyen albergues, asistencia de comida, u cuidado de salud



In partnership with  
Regional Task Force on Homelessness

To find the most up-to-date information, visit  
211sandiego.org or dial 2-1-1  
Para encontrar la información más actualizada, visite 211sandiego.org o llame al 2-1-1

Due to COVID-19, please bring a face covering and practice 6 feet distancing at all times.

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Healthcare/ Cuidado de la salud

**Family Health Centers of San Diego, Healthcare for the Homeless (includes dental)**

(619) 515-2300 (for all locations below)  
251 Landis Ave, Chula Vista, 91910  
352 L St, Chula Vista, 91911  
1000 Euclid Ave, National City, 91950  
Homeless, Services, Mobile Medical Unit  
(619) 515-2312

**San Ysidro Health Medical Services**

(619) 662-4100 (for all locations below)  
678 Third Ave, Chula Vista, 91910 (dental included)  
1637 Third Ave, Chula Vista, 91911  
1136 D Ave, National City, 91950  
2400 E 8<sup>th</sup> St, National City, 91950  
330 E 8<sup>th</sup> St, National City, 91950  
4050 Beyer Blvd, San Diego, 92173  
4004 Beyer Blvd, San Diego, 92173 (dental included)  
Urgent Care  
678 Third Ave, Chula Vista, 91910  
Dental Care  
340 E 8<sup>th</sup> St, National City, 91950

**Imperial Beach Community Clinic Health Center**

(619) 429-3733 (for all locations below)  
949 Palm Ave, Imperial Beach, 91932  
1016 Outer Rd, San Diego, 92154

**La Maestra Community Health Centers Medical Clinic**

217 Highland Ave, National City, 91950  
(619) 280-4213

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**Paradise Valley Hospital, Acute Care Hospital Services**

2400 E 4<sup>th</sup> St, National City, 91950  
(619) 470-4321

**OpSam Health (Samahan Health Centers)**

(844) 200-2426 (for all locations below)  
Medical  
2743 Highland Ave, National City, 91950  
Dental  
2835 Highland Ave, National City, 91950

**Southwestern College, Dental Hygiene Program**

Provides dental hygiene services & oral healthcare education  
880 National City Blvd, National City, 91950  
(619) 216-6663

**Public Health Services, HHSA, County of San Diego**

**Immunization Clinic**  
690 Oxford St, Chula Vista, 91911  
(619) 409-3110

**Planned Parenthood of the Pacific Southwest**

1295 Broadway, #201, Chula Vista, 91911  
(888) 743-7526

Mental Health/ Salud Mental

**Access and Crisis Line**

(888) 724-7240 Toll free 24 hours a day, 7 days a week

**National Domestic Violence Hotline**

(800) 799-7233 (SAFE) Toll free 24 hours a day, 7 days a week

**Paradise Valley Hospital, Acute Care Hospital Services**

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**Alcoholics Anonymous**

(619) 265-8762 Hotline 24 hours a day, 7 days a week

**Health & Human Services Agency, Behavioral Health Services**

**Adult Urgent Walk-in Services**  
1196 Third Ave, Chula Vista, 91911  
(619) 427-4661  
1465 30<sup>th</sup> St, Ste K, San Diego, 92154  
(619) 428-1000

**San Ysidro Health Behavioral Services**

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678 Third Ave, Chula Vista, 91910  
4004 Beyer Blvd, San Diego, 92173

**Family Health Centers of San Diego, Mental Health Services**

248 Landis Ave, Chula Vista, 91910  
(619) 515-2338  
742 10<sup>th</sup> St, Imperial Beach, 91932  
(619) 906-5322  
Mobile Counseling Center  
(619) 515-2338

**McAlister Institute for Treatment & Education, Outpatient**

1180 Third Ave, Ste C3-C5, Chula Vista, 91911  
(619) 691-8164

**Paradise Valley Hospital, Inpatient and Outpatient**

330 Moss St, Chula Vista, 91911  
2400 E 4<sup>th</sup> St, National City, 91950  
(800) 585-2767

**Alcoholics Anonymous**

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**United States Dept of Veteran Affairs, Chula Vista Vet**

**Center-** Counseling center for veterans, service members and their families only  
180 Otay Lakes Rd, #107-108, Bonita 91902  
(858) 404-8380

Homeless Resources/ Drop in Services

Recursos para personas sin hogar

**Regional Task Force on Homelessness, Coordinated**

**Entry Access Sites-** Provides resources for housing needs  
South Bay Community Services  
430 F St, Chula Vista, 91910  
(619) 420-3620

Shelters/ Albergues

**Interfaith Shelter Network, South Bay Community Services**

Open January, accepts homeless couples, families with children and single individuals  
Call for address  
(619) 702-5399

**SBCS (South Bay Community Services), Casa Seguras Shelter**

Provides short-term shelter/transitional housing for both male and female victims of domestic violence with children  
Address is confidential, please call for information  
(619) 420-3620

**United States Dept of Veteran Affairs, Chula Vista Vet**

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