

PACE: Program of All-Inclusive Care for the Elderly

PACE is an insurance plan and the provider of medical and social services. PACE is responsible for providing all healthcare, long-term care, and social service needs for the participant (senior).

- Nationally, PACE is operating in 31 states, serving over 51,000 participants.
- Goal to help patients live independently and safely at home by PACE providing medical care and support services
- PACE Programs in San Diego County
 - Family Health Centers of San Diego-PACE
 - Gary & Mary West PACE
 - San Diego PACE
 - St. Pauls PACE





Interdisciplinary Treatment Team

The core to all PACE Programs is the IDT which consists of 11 disciplines that meet with participants and with each other

- Primary Care Provider
- Registered Nurse Case Manager
- Physical Therapist
- Occupational Therapist
- Recreational Therapist
- Center Manager

Inter-Disciplinary Team (IDT) meets daily

- Create a Plan-of-Care for each patient, updated semi-annual or as needed
- The IDT Manages Referrals and Service Requests

- Social Worker
- Dietician
- Speech Pathologist
- Transportation Manager
- Homecare LVN





How does PACE work?

- Insurance and clinic in one building
- One phone number for participants to call for any services or questions
- Provides all medical care and medical support
 - Specialty, ER services, Transportation, Dental, Vision, Surgeries, Mental Health, Medication, Meal delivery, Homecare, and Day-center with meals
- We care for patients if needing Skilled Nursing Facility, Hospice, Palliative Care





Who Qualifies for PACE?

- Full scope Medi-Cal or Medi-Medi based insurance
 - Medicare-only or no insurance pays monthly premium
- Must be a seniors 55 and over
- In stable housing
- The PACE program will assess if the senior medically qualifiestypically has two of more chronic conditions that impacts activities of daily living and needs assistance with ADLs



FHCSD: Older Adult Services

- Degreed social workers who are clinic-based and have a case load of seniors patients
- Provides intensive case management: assesses for cognitive loss, benefits need, depression, fall risk, assistance with referrals
- Longitudinal comprehensive case management
- Assists with obtaining benefits and coordinates services



- Since the COVID, there has been a notable increase in hording among seniors to the point of leading to housing instability
- > Need for shallow subsidies is increasing, not decreasing
- PACE: some formerly homeless participants struggle with the tight case management
- Non-PACE: difficulty in getting patients into a shelter after discharge if they need assistance with ADLs



Questions?